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2  
3 **Title:** Valorization of paper and cardboard waste – determination of biomethane potential

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13  
14 **Abstract**

15 **Purpose:** Waste paper conversion to biomethane by anaerobic digestion appears as an alternative to  
16 landfilling, i.e. when the quality of waste paper does not match the requirements for recycling. The  
17 objective of the present work is to measure the biomethane potential (BMP) of three different types of  
18 waste paper: newspaper, cardboard, and office paper (A4), and to determine the effect of steam  
19 pretreatment on the BMP of these wastes.

20 **Methods:** The BMP tests were done in triplicates. Steam pretreatment was conducted at 120 °C for 30  
21 minutes. Gompertz and modified-Gompertz models were used to estimate the maximum methane  
22 production rate (R<sub>m</sub>).

23 **Results:** The maximum BMP obtained for the 3 wastes was in the range of 220-380 mL<sub>CH<sub>4</sub></sub>/gVS. Steam  
24 pretreatment increased the BMP of newspaper by 270%, and 12% for cardboard and office paper. The  
25 statistical analysis showed that the modified-Gompertz model is simulates more accurately the  
26 experimental data than the Gompertz model.

27 **Conclusions:** The BMP of waste paper, and the steam pretreatment conditions resulted in close values to  
28 the maximum theoretical BMP for sugars (400 mL<sub>CH<sub>4</sub></sub>/gVS). Perspectives are directed to reduce steam  
29 pretreatment costs by temperature and time modification minimizing reductions in the obtained BMP.

30  
31 **Keywords:** Anaerobic digestion; steam pretreatment; biomethane potential; BMP; abattoir; slaughtering  
32 house

## 1 **1 Introduction**

2  
3 Efficient waste paper recycling and/or reutilization has an environmental and economic role in a  
4 sustainable society [1]. The most extended process for the valorisation of waste paper is its recycling,  
5 incineration, and landfilling [2]. Waste paper conversion to biomethane by anaerobic digestion appears as  
6 an alternative to landfilling, i.e. when the quality of waste paper does not match the requirements for  
7 recycling. Landfilling or other waste disposal techniques signifies additional costs to waste management,  
8 in contrast anaerobic digestion add value/revenues to this waste stream, i.e. the production of bioenergy  
9 [3–5]. Also, anaerobic digestion is technologically mature, feasible and economically viable [4, 6].  
10 Anaerobic digestion therefore comes as a solution to landfill of waste paper reduction and value  
11 generation.

12  
13 Waste paper is considered to have a low biomethane potential (BMP), i.e. below 200 mL<sub>CH4</sub>/gVS [7,  
14 8]. The biomethane production from waste paper can be improved by hydrothermal steam pretreatment of  
15 the wastes [9, 10]. Under high temperature (above 100 °C) and pressure, water penetrates into the  
16 structure of recalcitrant biomass by hydrating its cellulose content, and removing part of lignin, and most  
17 of its hemicellulose content. This can increase the digestion reaction rate and improve the hydrolysis step  
18 [11–14].

19  
20 The main objective of the present work is the determination and comparison of the BMP obtained from 3  
21 different untreated and steam pretreated waste paper sources, i.e. newspaper, cardboard, and office paper  
22 (A4). Steam pretreatment was conducted at 120°C for 30 minutes. The maximum BMP expected is  
23 around 400 mL<sub>CH4</sub>/gVS [15]., which corresponds to the maximum theoretical BMP using sugars,  
24 considering that paper is mainly constituted by carbohydrates polymers.

## 27 **2 Materials and Methods**

### 28 **2.1 Material collection and characterization**

29 The 3 collected waste paper consisted on: newspaper, cardboard and office paper (A4). The selected  
30 waste paper were collected from Masdar Institute paper recycling facilities, located in Abu Dhabi. The  
31 inoculum used for the biomethane potential experiments consisted on anaerobic sludge, collected from a  
32 domestic wastewater treatment plant in Abu Dhabi. The 3 selected waste paper and the anaerobic sludge  
33 were characterized. Total Solids (TS) and volatile solids (VS) were quantified as indicated in Standard  
34 Methods 2540D and E [16].

### 36 **2.2 Biomethane potential**

37 Biomethane potential (BMP) [17] was conducted on closed glass bottles with a working volume of 200  
38 mL and a head-space of 400 mL. The bottles were incubated at 37 °C without agitation. All selected  
39 waste paper biomethane potentials, untreated and steam pretreated (see section 2.3), were performed in

triplicates using a waste (feedstock) concentration of 5 g\_VS/L, and a substrate to inoculum ratio of 1:1 (VS-based).

Inoculum blank, i.e. without substrate, was used to correct the biogas potential of the experiments by extracting the inoculum biomethane potential. For all the experiments, the inoculum was predigested for 2 days at 37 °C to reduce its indigenous biomethane potential.

After inoculation and previous to incubation, the glass bottles headspace was flushed with a gas mixture of 80% N<sub>2</sub> and 20% CO<sub>2</sub> to ensure anaerobic conditions and prevent pH change in the liquid phase. All experiments used an anaerobic media based on [18]. Biomethane was measured using a Gas Chromatograph (GC SRI Instrument, SRI 8610C with 3” Silica Gel column) equipped with Flame Ionization Detector (FID).

### 2.3 Thermal pretreatment

Thermal pretreatment was conducted at 120°C for 30 minutes (see Appendix A for heating curve), in an autoclave. The pre-weighed substrates and anaerobic media (see section 2.2) were loaded to the glass bottles. The loaded glass bottles were closed and placed in the autoclave for the thermal pretreatment. Inoculation of the thermally pretreated wastes was done after cooling down (see section 2.2).

Under these conditions of temperature and time, the severity factor, log(Ro) has a value of 2.3. The severity factor was calculated according to Hendriks and Zeeman [19], and Overend and Chornet [20], considering the heating-up and cooling-down curves, together with the set-point temperature and treatment time. See Appendix A for the calculation of severity factor.

### 2.4 Biomethane potential data analysis

The kinetic data analysis of the biomethane potential experiments was performed using two mathematical models: Gompertz model [9], and a modified Gompertz model [21–24]. Both models were used to simulate the experimental biomethane production (mL\_CH4/g\_VS), to simulate the biomethane production rate (mL\_CH4/(g\_VS\*day)), and to estimate the maximum biomethane production rate (mL\_CH4/(g\_VS\*day)). The data analysis was conducted using Microsoft Excel®, and its solver tool. The Gompertz model is described in Equation 1, and the modified Gompertz model is described in Equation 2.

$$B = P \left( 1 - \exp \left( \frac{-Rm(t-\lambda)}{P} \right) \right) \quad (\text{Equation 1})$$

$$B = P \cdot \exp \left( -\exp \left( \frac{Rm \cdot e}{P} (\lambda - t) + 1 \right) \right) \quad (\text{Equation 2})$$

where  $B$  is the methane production at time  $t$  (mL<sub>CH4</sub>/g<sub>VS</sub>),  $P$  is the maximum methane production (mL<sub>CH4</sub>/g<sub>VS</sub>),  $R_m$  is the maximum methane production rate (mL<sub>CH4</sub>/(g<sub>VS</sub>\*day)),  $\lambda$  is the lag time (day),  $t$  is the time (day), and  $e$  corresponds to exp (1), equal to 2.7183. For each selected waste, the biomethane potential ratio between the thermally treated waste and the untreated waste, FN [9], was used for comparison between thermally treated and untreated biomethane potential.

### 3 Results and Discussions

#### 3.1 Material characterization

Table 1 shows the material characterization results for the selected waste papers, and the inoculum (anaerobic sludge) used. Total solids (TS) and volatile solids (VS) values are expressed as percentage over the wet weight of the samples. The VS values are used for the calculation of biomethane potential.

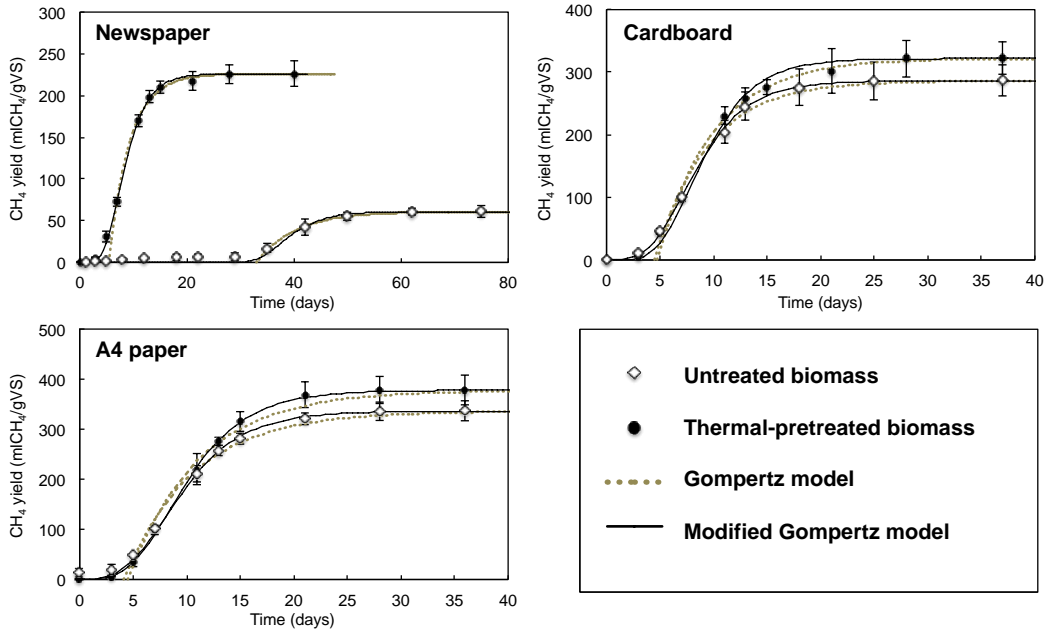
**Table 1:** Total solids and volatile solids characterization for the selected waste papers

	(g/100g <sub>wet_solid</sub> )	
	Total solids	Volatile solids
Newspaper	93 ± 0.1	80 ± 0.2
Cardboard	94 ± 0.1	86 ± 0.3
A4 paper	94 ± 0.1	79 ± 0.4
Anaerobic sludge	5 ± 0.4	3 ± 0.2

#### 3.2 Biomethane potential

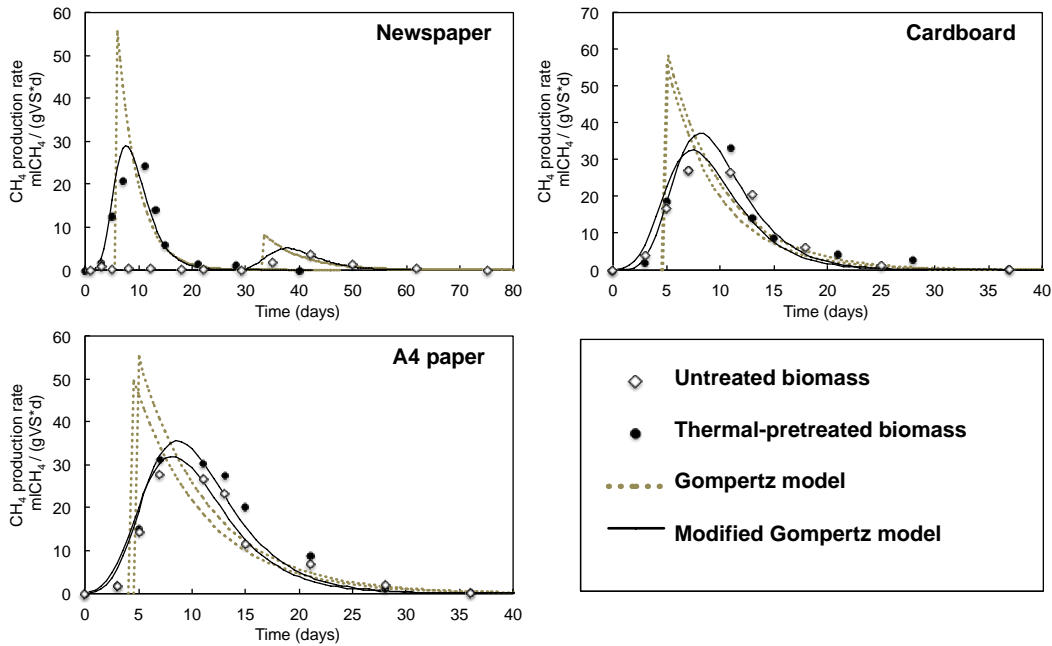
Figure 1 shows the cumulative biomethane kinetics for all the 3 selected waste papers, untreated and thermally treated. Figure 1 also shows the simulated biomethane production by Gompertz model and the modified Gompertz model for the respectively wastes. Note that the scales of the different plots in Figure 1 are different, in order to better present each waste's biomethane kinetics. The biomethane potential values of the three waste papers are in the range of what it has reported in literature [7, 8, 14].

Figure 2 presents the methane production rate kinetics for the 5 wastes, untreated and thermally treated, and the simulated results using Gompertz model and the modified Gompertz model. Figure 3 summarize the experimental determined biomethane potential for each untreated and thermally treated waste, the FN (ratio between thermally treated BMP over untreated BMP, see section 2.4) and the maximum biomethane production rates ( $R_m$ ) for all waste determined by the Gompertz and modified Gompertz model.



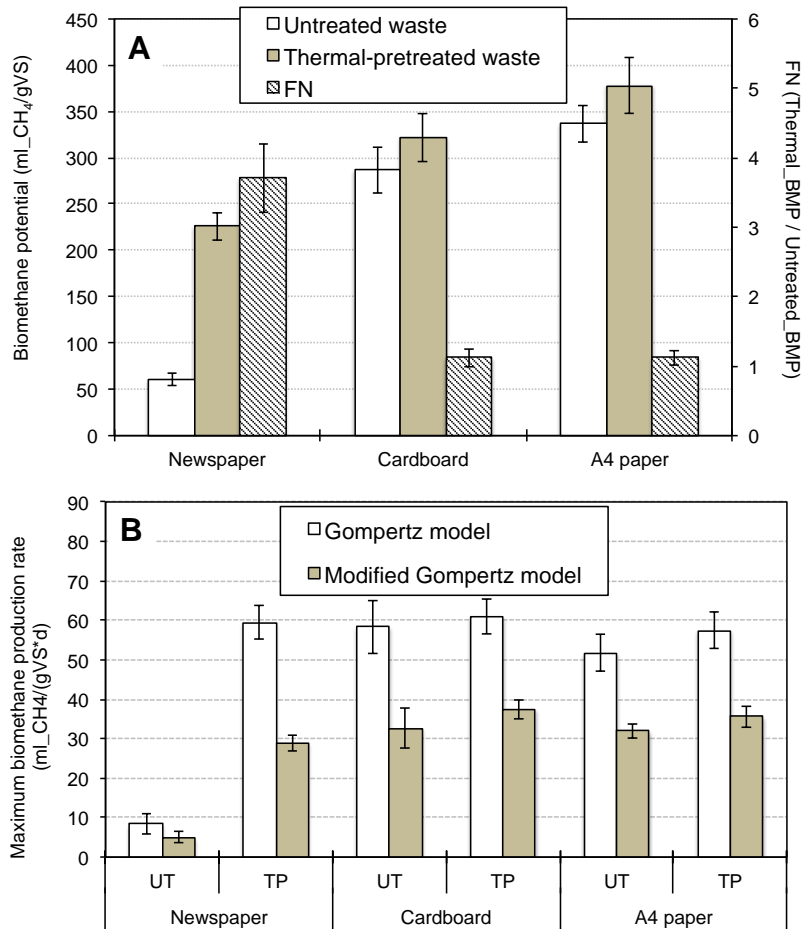
1  
2 **Figure 1:** Cumulative biomethane kinetics for the selected untreated and steam pre-treated waste papers,  
3 and their simulation by Gompertz and modified-Gompertz models.

4  
5



6  
7 **Figure 2:** Methane production rate kinetics for the selected untreated and steam pretreated waste papers,  
8 and their simulation by Gompertz and modified-Gompertz models.

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11



1  
2 **Figure 3:** A, summary of biomethane potential (BMP) for the selected untreated (UT) and thermally  
3 steam pretreated (TP) waste papers, BMP ratio between thermally steam pretreated over untreated wastes,  
4 FN. B, maximum biomethane production rates (R<sub>m</sub>) estimated by the Gompertz and modified-Gompertz  
5 models.

6  
7  
8 Under the tested conditions, the BMP (Figures 1 and 3A) of the untreated newspaper waste was 60  
9 ml<sub>CH<sub>4</sub></sub>/g<sub>VS</sub>, and cardboard and office paper (A4) were 290 and 340 ml<sub>CH<sub>4</sub></sub>/g<sub>VS</sub>, respectively. The  
10 steam pretreatment resulted in an increase of the BMP for the different waste papers. The highest increase  
11 was obtained for steam pretreated newspaper, 270% increase, (FN 3.7), when compared with the  
12 untreated newspaper BMP, i.e. from 60 to 225 mL<sub>CH<sub>4</sub></sub>/g<sub>VS</sub> (Figure 3A). The steam pretreatment BMP  
13 increase was not significant, 12% (FN 1.12) for cardboard and office paper (A4). Also the untreated and  
14 pretreated BMP for each of these two waste papers (Figure 3A) are statistically similar, i.e. 290 ± 25 and  
15 320 ± 26 mL<sub>CH<sub>4</sub></sub>/g<sub>VS</sub> for untreated and pretreated cardboard, respectively, and 340 ± 20 and 380 ± 30  
16 mL<sub>CH<sub>4</sub></sub>/g<sub>VS</sub> for untreated and pretreated office paper (A4), respectively.

17  
18 The obtained BMP values in this study are comparable with the values obtained in the literature. Walter et  
19 al. [14] obtained a BMP of 331 mL<sub>CH<sub>4</sub></sub>/g<sub>VS</sub> from steam pretreated (121 °C, 20 minutes) pulp residues

1 from industrial paper waste production. This signified only a 2% increase when compared to the untreated  
 2 pulp residue (BMP 323 mL<sub>CH<sub>4</sub></sub>/gVS).

3  
 4 The present work results highlight the fact that the valorization of non-recyclable waste paper is possible.  
 5 This will not only prevent the useless emissions of green house gases, i.e. from landfilling of this kind of  
 6 wastes, but it has the potential to create revenues, instead of only costs, from the utilization of biomethane  
 7 for heat and power generation [3, 5]. Another attractive way to generate revenues from this kind of wastes  
 8 is the production of organic acids and biohydrogen by dark fermentation [25–27]. If an organic waste is  
 9 methanizable, it also can be processed by dark fermentation. Market prices for organic acids are in the  
 10 range of 400-2,500 USD/tonne [4, 25, 28] versus 0.05-0.12 USD/tonne of natural gas (biogas can be  
 11 further processed to have similar characteristics to natural gas) [28], making dark fermentation process a  
 12 more attractive option for the treatment of organic wastes.

13  
 14 The Gompertz and modified-Gompertz estimated maximum biomethane production rates (R<sub>m</sub>) are  
 15 different (Figure 3B). In general, for the same data set, Gompertz model estimates higher R<sub>m</sub> values than  
 16 the modified Gompertz model. The modified Gompertz model simulated data seems closer to the  
 17 experimental data (Figures 1 and 2) than the Gompertz model. This is clearer when comparing both  
 18 simulated and experimental data in Figure 2. Table 2 presents a coefficient of determination (R<sup>2</sup>) analysis  
 19 for both Gompertz and modified Gompertz simulated data respect to the experimental data, for the  
 20 cumulative biomethane production (Figure 1) and for the biomethane production rate (Figure 2). Based  
 21 on the calculated coefficient of determination, the modified Gompertz model seems to provide a better  
 22 simulation for the cumulative biomethane production and the biomethane production rate. Anyhow, more  
 23 sophisticated modeling attempts have been done by other authors [29, 30], as well as advanced statistical  
 24 analysis [31].

25  
 26 Table 2: Coefficient of determination (R<sup>2</sup>) analysis for the experimental data and the Gompertz and  
 27 modified Gompertz models

		R <sup>2</sup>		R <sup>2</sup>	
		Cumulative biomethane production		Biomethane production rate	
		Gompertz	Modified-Gompertz	Gompertz	Modified-Gompertz
Untreated	Newspaper	0.9959	0.9913	0.4089	0.7401
	Cardboard	0.9882	0.9994	0.4512	0.8550
	A4 paper	0.9940	0.9994	0.4709	0.9104
Steam pretreated	Newspaper	0.9972	0.9991	0.5416	0.8486
	Cardboard	0.9896	0.9964	0.4905	0.9176
	A4 paper	0.9895	0.9994	0.4069	0.9350

28

#### 4 Conclusions

The present work focus waste paper biomethane potential (BMP) experimental determination. 3 waste papers were selected: newspaper, cardboard and office paper (A4). BMP was determined individually for each of the wastes. Thermal steam pretreatment of the 3 wastes, at 120 °C for 30 minutes, was performed to determine the extent of BMP improvement. Steam pretreatment resulted in a BMP increase of 270%, for newspaper waste, compared to the untreated waste. For the other two waste papers the steam pretreatment did not resulted in a significant BMP increase. Anyhow, the BMP results are close to the maximum theoretical BMP for carbohydrates, i.e. 400 mL<sub>CH<sub>4</sub></sub>/gVS. The experimental results were analyzed by Gompertz model and modified Gompertz model. The analysis showed that the modified Gompertz model simulate in a more accurate extent the experimental data.

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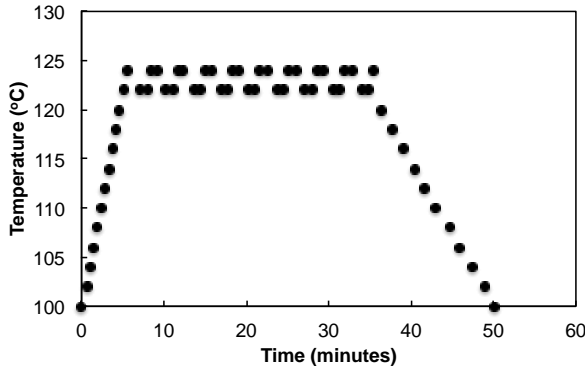
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4  
5

1 **Appendix A - Heating curve, and calculation of severity factor log(Ro)**

2

3 Figure A.1 presents the heating curve of the thermal pretreatment, i.e. set point temperature of 120 °C for  
4 30 minutes.



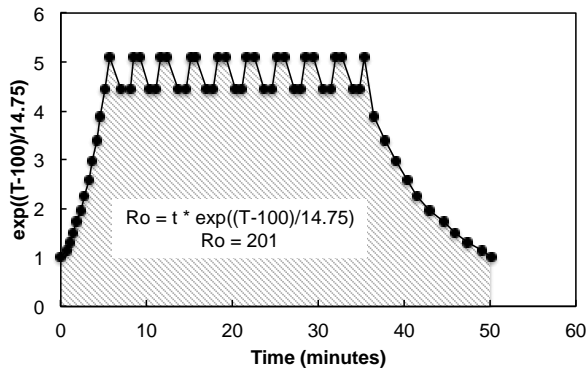
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6 **Figure A.1:** Experimental temperature profile for the hydrothermal treatment of abattoir animal waste.

7

8 The experimental heating temperature profile for the hydrothermal treatment is used to create the Pt  
9 profile as in Figure A.2. As in section 2.4, the severity factor, log(Ro) is function of the integral of t\*Pt.  
10 This has been solved by numerical integration, using the experimental discrete points.

11



12

13 **Figure A.2:** Plotting of experimental Pt, and numerical integration of Ro.

14

15 log(Ro) was calculated according to Hendriks and Zeeman (2009), where Ro is the combined effect of  
16 steam temperature (over 100 °C) and time, described by Overend and Chornet (1987) by equations A.1 to  
17 A.3.

18

19 
$$Pt = e^{\frac{T-100}{14.75}}$$
 (equation A.1)

20

21 
$$Ro = \int t \cdot Pt \, dt$$
 (equation A.2)

22

23 
$$Ro = \sum(t_{i+1} - t_i) \left( Pt_i + \left| \frac{Pt_{i+1} - Pt_i}{2} \right| \right)$$
 (equation A.3)