Effects of Microwave, MW/H₂O₂ and Heat/H₂O₂ Pre-treatments on the Anaerobic Biodegradability of the Wastewater Sludges

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Anaerobic digestion has been used to stabilize wastewater sludges by providing a reduction in organic content and mass of input sludge while producing energy in form of biogas. Efficiency of digestion and biogas/methane production can be enhanced by pretreating the sludge prior to anaerobic digestion. This study investigates the effects of microwave (MW), combined microwave-hydrogen peroxide (MW/H₂O₂) and combined heat-hydrogen peroxide (heat/H₂O₂) pre-treatments on the biochemical methane production potential of wastewater sludges and compare these pre-treatment methods for the anaerobic digestion efficiency in terms of organic removal rates.

The microwave pretreatment was applied to sludge samples by irradiating them at 160° C for 15 minutes in a MW oven (Berghoff MWS+3 Speedwave Microwave System). The combined MW and H₂O₂ pretreatment was applied to sludge samples by mixing them with 1 g H₂O₂/g TS and microwaving them at 160°C for 15 minutes. In the combined heat and H₂O₂ pretreatment, 1 g H₂O₂/g TS was added to sludge samples at 75 °C for 90 minutes. The pretreated sludge samples and the inoculum were mixed in 120 mL reactors with an inoculum to substrate ratio (I:S) of 1:1 (w/w on VS basis). The reactors were sealed, and flushed with nitrogen gas for 2 minutes to remove traces of oxygen and create an anaerobic environment. The sludge samples were anaerobically digested at 37°C for 40 days. Total gas productions were measured daily and gas compositions were analyzed weekly during the digestion period of the batch reactors. Initial and final characteristics of the reactor contents were analyzed according to Standard Methods.

The pre-treatments applied to sludge samples prior to anaerobic digestion speeded up the hydrolysis step and improved the biodegradability of the organics by increasing their solubility. Application of MW, combined MW/H₂O₂ and heat/H₂O₂ pre-treatments increased the methane yields by 65.5%, 40% and 20%, providing 626 mL CH₄/g VS, 529 mL CH₄/g VS and 453mL CH₄/g VS methane yields, respectively. The COD removal rates obtained in MW/H₂O₂, MW and heat/H₂O₂ pretreated reactors were 54.8%, 48.7% and 46.9%, respectively.