

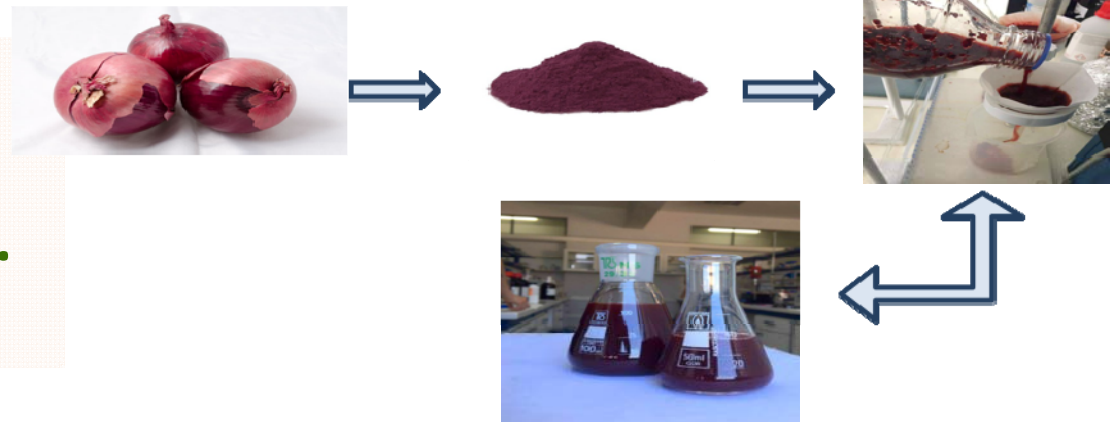


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# Optimization of a green method for the recovery of polyphenols from onion solid wastes

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# Exploitation of plant by-products by the food industry

**Food production**

(raw materials, final products)

**Food waste or by-products**

(leaves, roots, seeds)

**Phytochemicals**

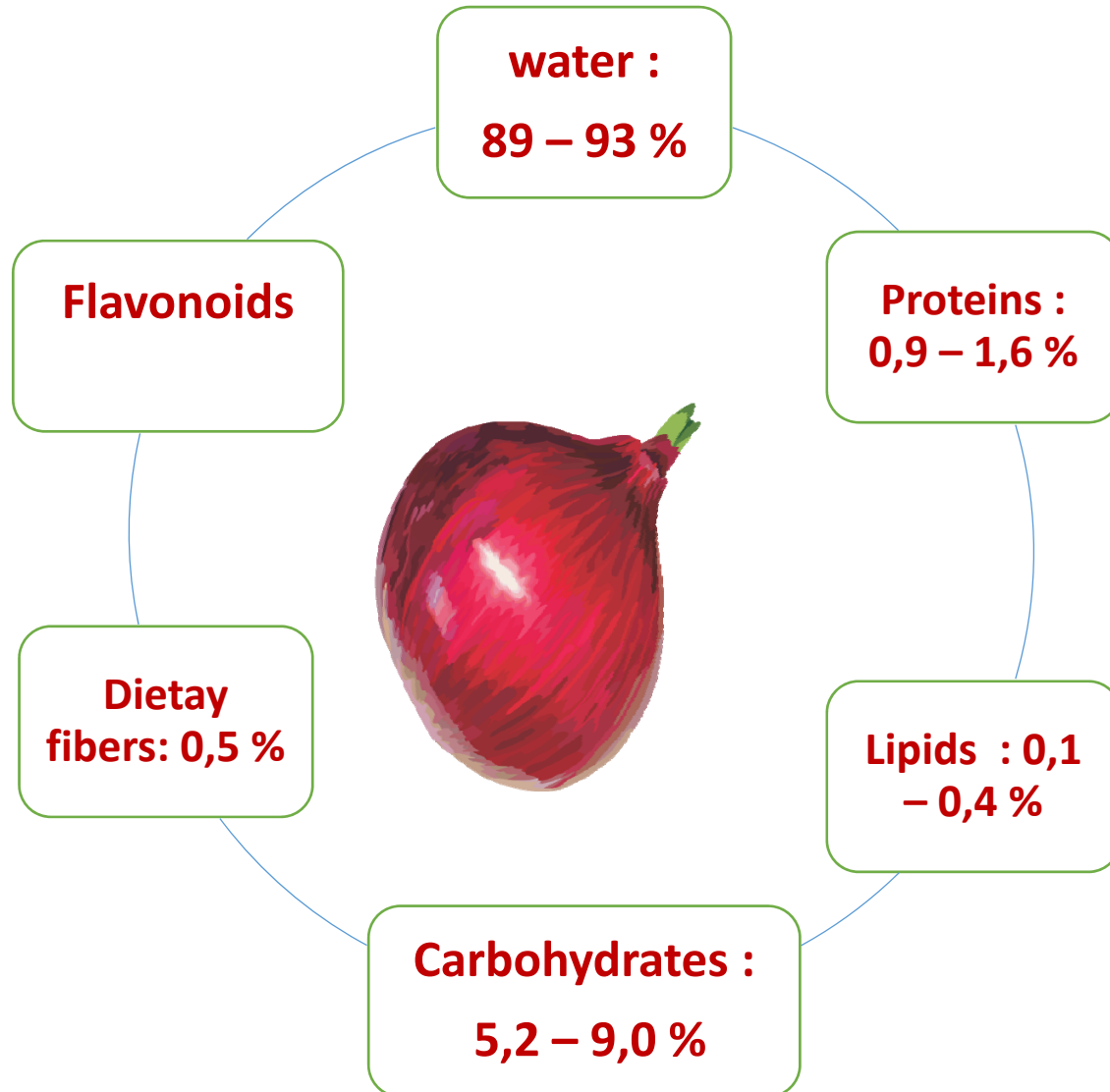
(antioxidants, antimicrobials)

**Extraction of phytochemicals with conventional and non-conventional techniques**

**Production of functional - novel food products**

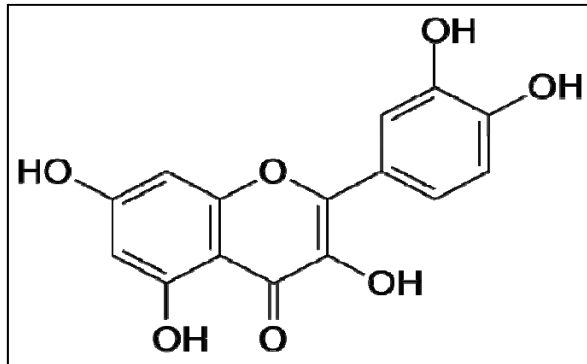


# onion solid wastes

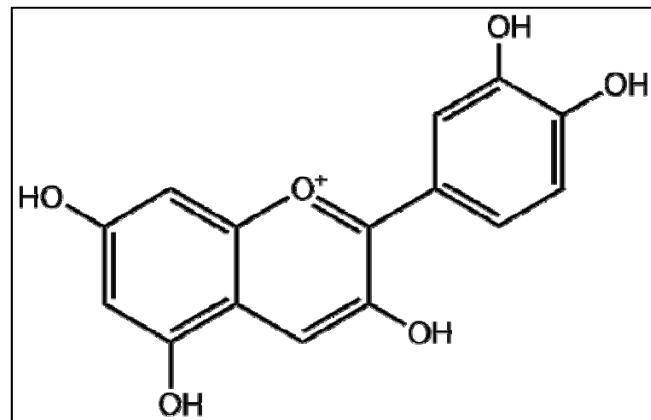


450,000 tonnes/year waste in Europe

# Onion polyphenols



Quercetin

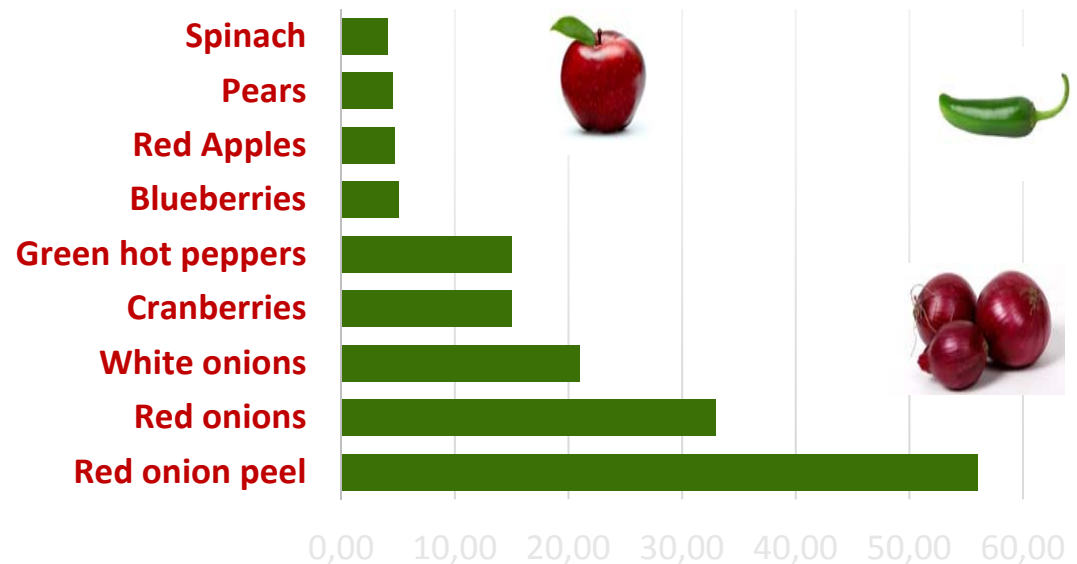


Anthocyanin

## Onion leaves

- Contain polyphenols, inulin

### Quercetin content (mg/100g)



# Glycerol as co-solvent

Low cost, by-product of bio-diesel industry

Low dielectric constant

Ideal solvent for polyphenol extraction



3.6% glycerol (w/v) → more efficient solvent than water



20% glycerol (w/v) → maximum efficiency of flavonoids extraction



Similar efficiency with water/ethanol mixtures



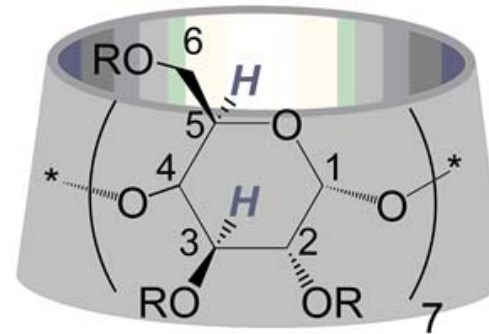
50% (v/v) ethanol, 50% (v/v) butanediol και 70% (w/v) glycerol for the extraction of polyphenols

# Cyclodextrins

Formation of inclusion complexes with polyphenols

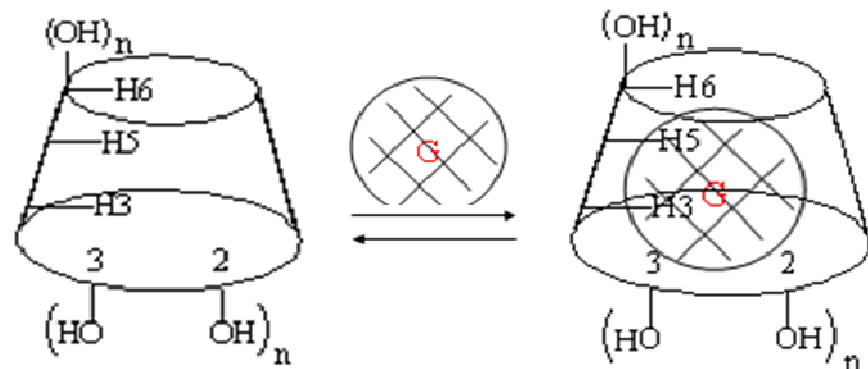
Aqueous solutions of cyclodextrins can be used as extraction co-solvents

Protection against oxidation and increased stability of the ligand



R=H:  $\beta$ -CD

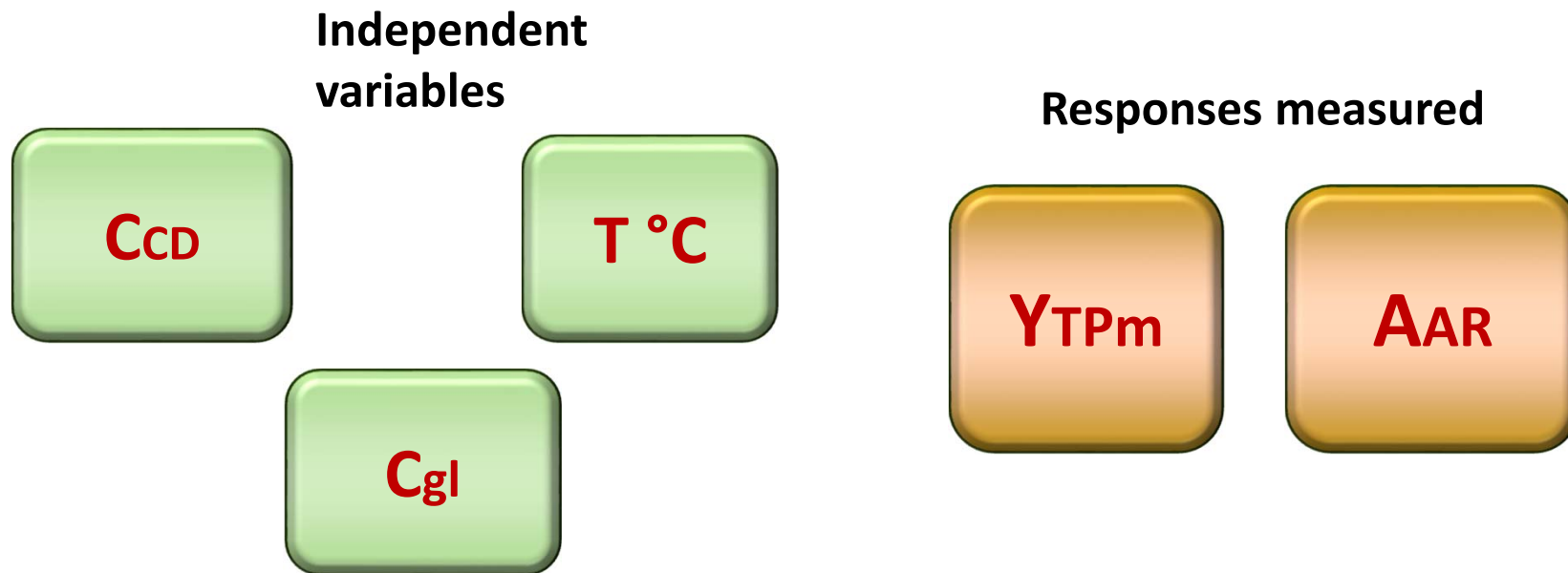
R=CH<sub>3</sub>-CH(OH)-CH<sub>2</sub>: HP- $\beta$ -CD,  
DS=0.5-1.3



## Aim of the study

Optimization of an extraction process for efficient recovery of polyphenols from onion solid waste, using ‘green’ **water/glycerol/2-hydroxypropyl- $\beta$ -cyclodextrin** ternary mixtures

It was based on a Box-Behnken experimental design



## Experimental values and coded levels of the independent variables used

Independent variables	Code units	Coded variable level		
		-1	0	1
$C_{CD}$ (% w/v)	$X_1$	1	7	13
$C_{gl}$ (% w/v)	$X_2$	0	30	60
$T$ (°C)	$X_3$	40	60	80



Measured and predicted values of **YTP** and **AAR**, determined for individual design points, for the extractions performed with water/glycerol mixtures

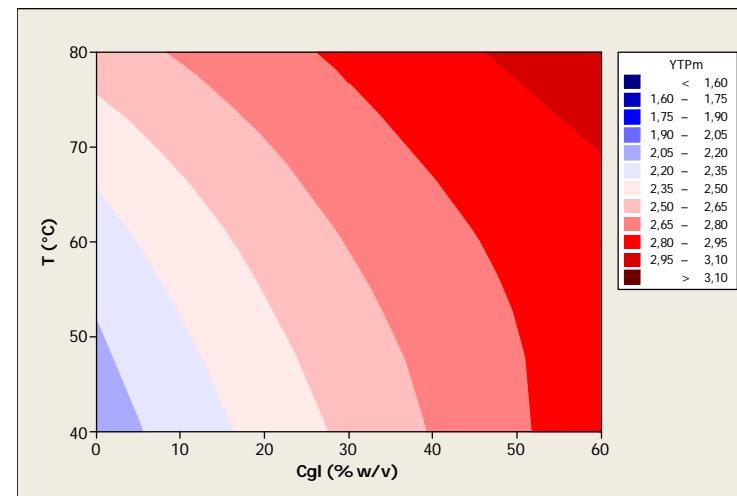
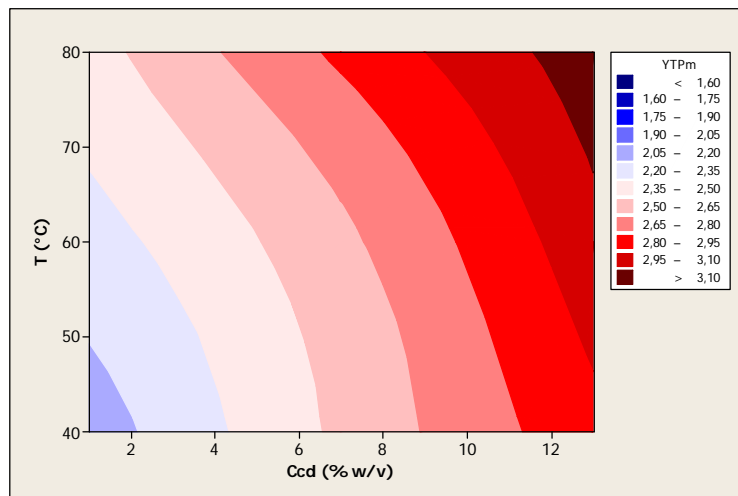
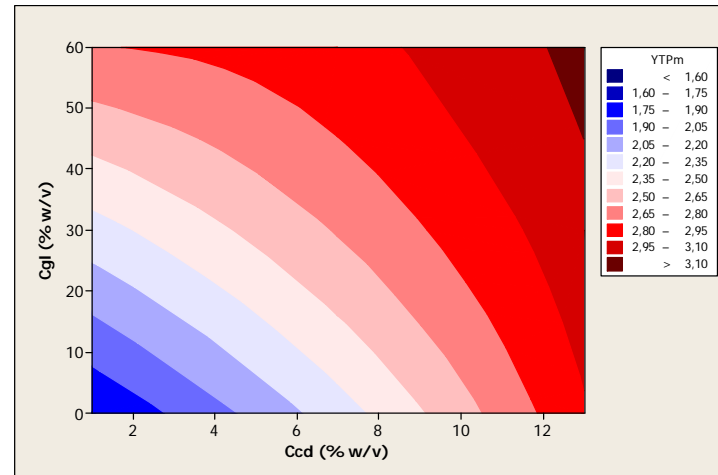
Design point	Independent variables			Response (Y <sub>TP</sub> , mg GAE g <sup>-1</sup> dw )		Response (A <sub>AR</sub> , μmolTR dw )	
	X <sub>1</sub>	X <sub>2</sub>	X <sub>3</sub>	Measured	Predicted	Measured	Predicted
1	-1	-1	-1	9.69	7.61	222.55	216.75
2	-1	-1	1	18.96	18.37	202.14	201.98
3	-1	1	-1	14.42	17.52	251.23	238.82
4	-1	1	1	56.78	55.10	311.49	316.14
5	1	-1	-1	19.51	20.74	235.67	231.96
6	1	-1	1	20.6	17.05	207	220.35
7	1	1	-1	22.05	22.19	276.5	277.60
8	1	1	1	43.69	45.317	351.35	358.09
9	-1	0	0	22.24	23.49	183.18	196.90
10	1	0	0	24.6	25.16	242.96	225.47
11	0	-1	0	30.24	35.23	276.5	272.82
12	0	1	0	57.51	54.32	352.81	352.72
13	0	0	-1	23.15	20.76	249.28	270.09
14	0	0	1	33.51	37.70	327.53	302.95
15	0	0	0	40.42	36.42	269.7	276.38
16	0	0	0	36.05	36.42	275.53	276.38



Polynomial equations and statistical parameters describing the effect of the independent variables considered on the responses ( $Y_{TPm}$ ) and ( $A_{AR}$ )

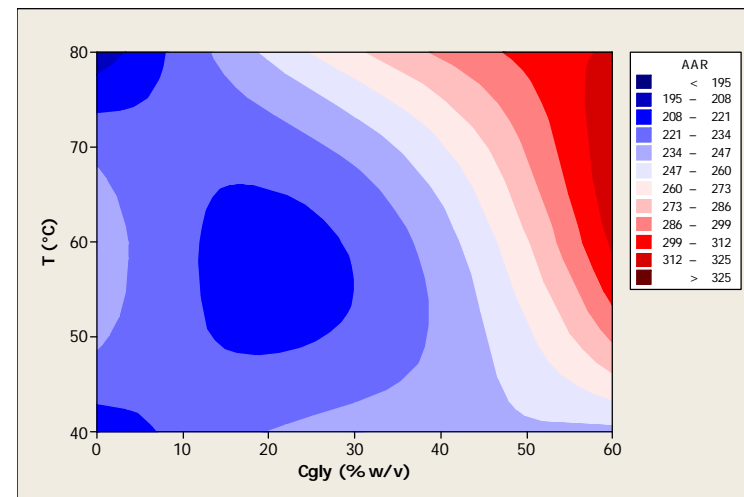
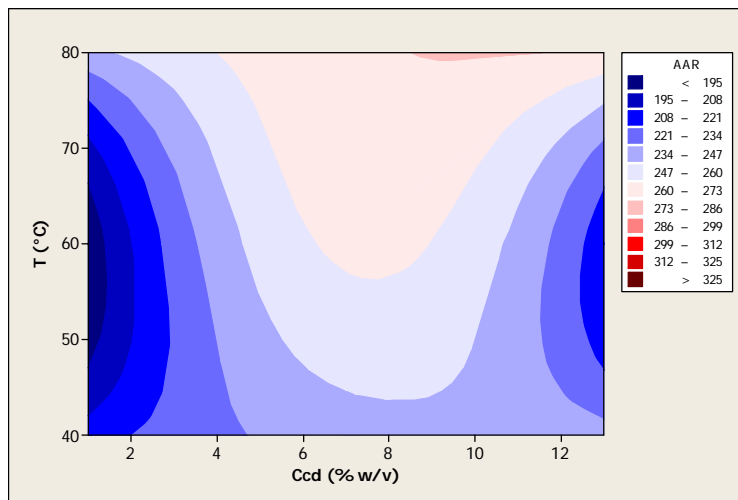
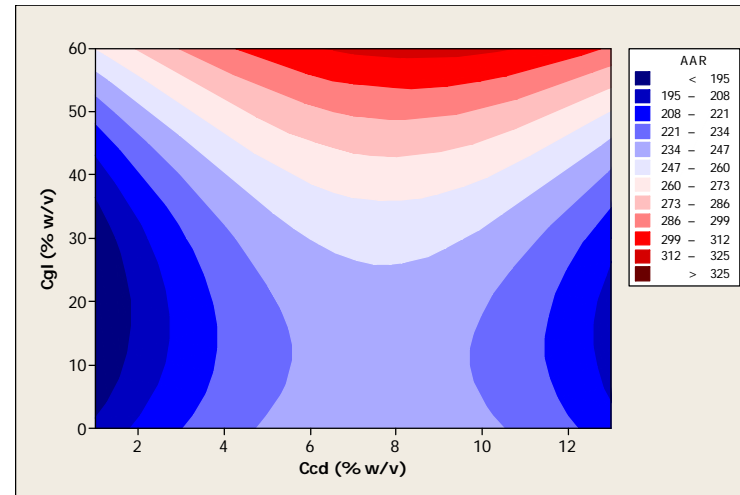
Response	Polynomial equation	$R^2$	$p$
$Y_{TPm}$	$2.65 + 0.38X_1 + 0.31X_2 + 0.15X_3 - 0.21X_1X_2$	0.94	0.0056
$A_{AR}$	$245.87 + 13.17X_1 + 36.49X_2 + 14.80X_3 + 21.22X_2X_3 - 46.46X_1^2 + 32.75X_2^2$	0.95	0.0037

# Contour plots illustrating the effect of the independent variables examined on the $Y_{TPm}$



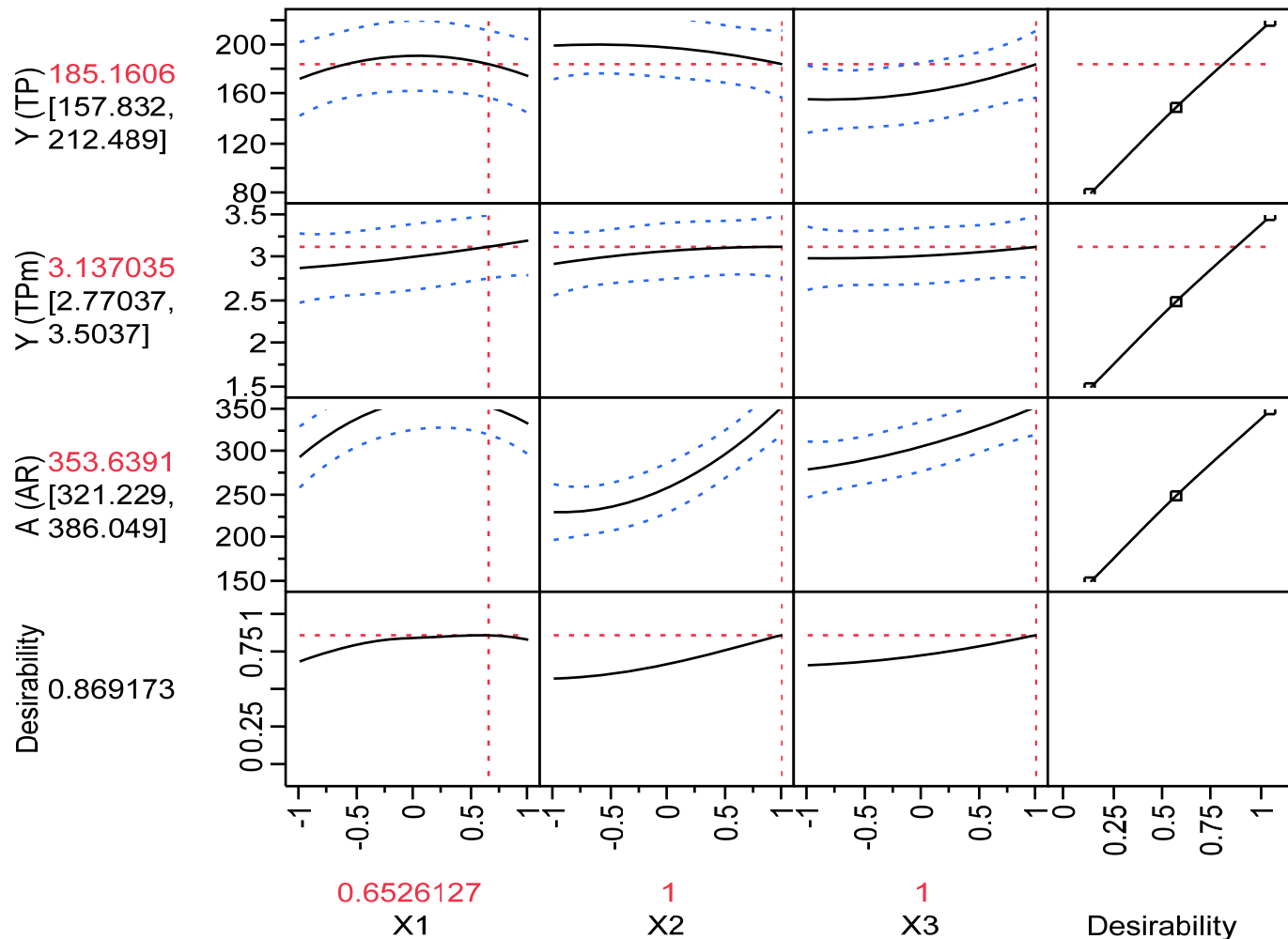
$$C_{CD} = 13\% \text{ w/v}, C_{gl} = 60\% \text{ w/v}, T = 80^{\circ}\text{C}$$

# Contour plots illustrating the effect of the independent variables examined on the AAR



$$C_{CD} = 8\% \text{ w/v}, C_{gl} = 60\% \text{ w/v}, T = 80^{\circ}\text{C}$$

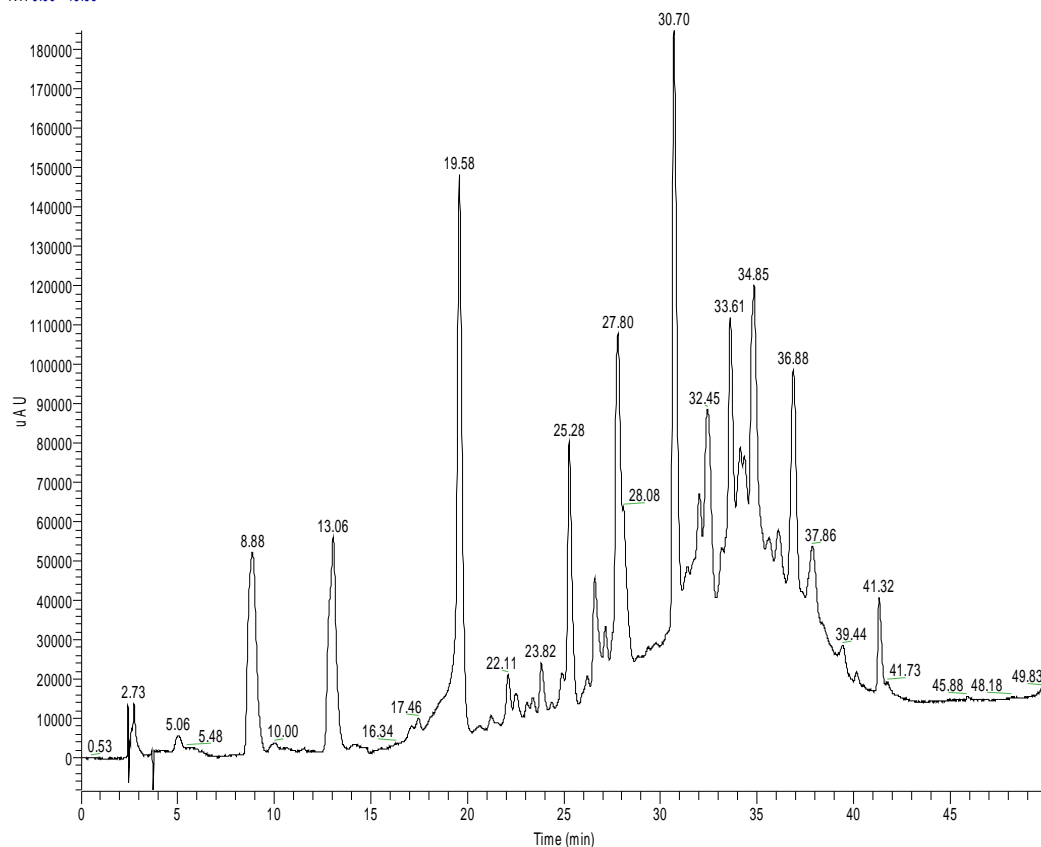
Prediction profiler displaying the overall desirability of the model, following adjustment of the independent variables at their optimal values



$C_{CD} = 13\% \text{ (w/v)}$ ,  
 $C_{gl} = 60\% \text{ (w/v)}$ ,  
 $T = 80^{\circ}\text{C}$ .

# LC – MS analysis

RT: 0.00 - 49.99



NL:  
1.85E5  
nm=279.5-  
280.5  
PDA21It\_3

Peak	Rt (min)	$\lambda_{\max}$ (nm)	[M+H] <sup>+</sup>	Other ions (m/z)	Compound
1	8.88	292	153	-	Unknown
2	13.06	258, 292	587	487, 325	Unknown
3	13.58	292	319	337	2-(3,4-dihydroxybenzoyl)-2,4,6-trihydroxybenzofuran-3(2H)-one
4	18.75	292, 514	449	-	Cyanidin 3-O-glucoside
5	22.30	254, 374, 522	535	441, 287	Malonylated cyanidin 3-O-glucoside derivative
6	26.61	292			Unknown
7	27.80	252, 320(s), 366, 384(s)	465	303	Quercetin glucoside
8	30.70	256, 318(s), 368, 3929(s)	303		Quercetin
9	32.45	256, 304, 368	765	603, 303	Quercetin glucoside / quercetin dehydrate adduct
10	33.61	248, 270(s), 304(s), 364	765	303	Quercetin glucoside / quercetin dehydrate adduct
11	34.85	248, 268(s), 304, 364	603	303	Quercetin dimer
12	36.88	242, 272(s), 304, 362	603	303	Quercetin dimer
13	37.86	240, 300, 360	601	303	Quercetin dehydromer

# Incorporation in a yogurt matrix



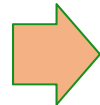
Onion leaves



Green extraction



Natural colorant



Sweet whey



Addition of ingredients



Heating



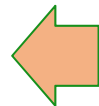
Incubation



Cooling and storage



Flavor



# Incorporation in yogurt

Quality Characteristics of yogurt					
Solids content %	Colour	Complex Viscosity (Pa.s)	Storage modulus, $G'$ (Pa)	Loss modulus, $G''$ (Pa)	$\tan\delta$
15	L*69,79	156	$10^3$	$3 \times 10^2$	0.3
	a +13,98				
	b +11,70				

Spectrophotometric test	Value
Total polyphenol yield ( $Y_{TP}$ )	1157 mg gallic acid /L of extract
Antiradical activity ( $A_{AR}$ )	1609 mM Trolox





# Conclusions

- Development of a novel approach for more efficient extraction of polyphenols from onion solid wastes, leading to eco-friendly extracts and processes.
- Green-extraction techniques minimize the use of petrochemicals.
- Liquid extracts of plant polyphenols could become attractive and safe vehicles of these compounds to fortify food products or used as natural food colourants.
- Extracts should be also tested for their stability upon storage to maximize their effectiveness in providing functionality in a real food matrix.

## Thank you for your attention

