# Performance Evaluation of Selected Plants and Iron Rich Media for Removal of PPCPs from Wastewater in Constructed Wetlands

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#### Abstract

Excess use of pharmaceutical and personal care products (PPCPs), and its release as human waste has become a major challenge since most of the wastewater treatment options are not equipped to treat these micro-contaminants. Some advanced technologies are reported to be effective for PPCPs treatment in wastewater but cost of those technology for wastewater treatment, however, their performance in term of PPCPs removal has not yet been fully investigated. This study aimed to evaluate the performance of selected aquatic plants, and iron-rich media for removal of PPCPs from wastewater. Four plants were selected in the preliminary testing, where, vetiver was recognized to be most appropriate plant since it responded well to high dose of PPCPs (mainly: acetaminophen), and possess robust root system. This study revealed the increasing rate of PPCPs removal at low dose. The removal of acetaminophen (ACT), amoxicillin (AMX) and  $\beta$ -Estradiol ( $\beta$ -EST) were found to be 97.5-98.4%; 73.7-92.2% and 75.0-89.2%, respectively. The occurrence of Fenton reaction in use of iron-rich media was observed since H<sub>2</sub>O<sub>2</sub> concentration of water, and plant leaves in reactors using media was low.

#### Keywords

Constructed wetland; Fenton reaction; pharmaceuticals and personal care products

#### **INTRODUCTION**

In the recent years, pharmaceuticals and personal care products (PPCPs) have increasingly drawn attention due to their universal consumption and indiscriminate discharge to the aquatic environment. PPCPs residuals drained into sewer or on-site sanitation system are usually released into surface water, while most of the wastewater treatment plants (WWTPs) lack in PPCPs removal facility (Ellis, 2006). Some technologies such as; ozonation (Andreozzi et al., 2005), reverse osmosis (Kimura et al., 2009), and advanced oxidation process (Esplugas et al., 2007), as well as process optimization (e.g. increasing sludge residence time) (Carballa et al., 2007) have been recognized to be effective in removal of PPCPs, however, costs of these technologies remain a major drawback (Fent et al., 2006).

Constructed wetlands (CWs) have been reported to be effective in removing PPCPs to some extent (Verlicchi and Zambello, 2014), but details of removal are still lacking. The microenvironments of CWs, is considered as a leading mechanism in PPCPs removal which allow different metabolic pathways. Moreover, other processes such as: photolysis, hydrolysis, biodegradation, and sorption onto suspended solids are also expected to add further contribution in PPCPs removal (Zhang et al., 2014).

Plant produces reactive oxygen species (ROS) such as; super oxide anions, hydroxide radical (\*OH), hydrogen peroxide ( $H_2O_2$ ) are reported in response to environmental stress, which are also being used as signaling agent in plants. On the other hand, the elevated  $H_2O_2$  possess potential to be utilized in advanced oxidation process particularly for PPCPs removal via. Fenton reaction (Equation-i)

 $Fe^{2+} + H_2O_2 \rightarrow Fe^{3+} + HO^- + *OH$  .....(Eq. i)  $Fe^{3+} + H_2O_2 \rightarrow Fe^{2+} + HO_2 + H^+$  .....(Eq. ii)

In this regard, accelerating the Fenton reaction by using iron rich media in CWs is proposed to remove PPCPs from wastewater. The release of  $H_2O_2$  by plants and its utilization by iron-rich media have not yet been well studied. This study aimed to i) characterize  $H_2O_2$  generation and PPCPs removal of selected aquatic plants, ii) examine performance iron-rich media in PPCPs removal in lab-scale CWs.

### MATERIALS AND METHODOLOGY

#### **Experimental set up**

The experiments were carried out in 3 stages. The first stage was performed in reactor of 0.5 m (length) x 0.5 m (width) x 0.6 m (height) size. Four promising plants namely; cattail *(Typha sps)*, vetiver *(Vetiveria zizanioides)*, reed *(Phragmites australis)* and bird of paradise *(Strelitzia reginae)* were selected, and placed in separate reactors. The reactors were fed separately with four types of PPCPs i) acetaminophen (ACT), ii) amoxicillin (AMX) and iii)  $\beta$ -estradiol ( $\beta$ -EST), at concentration of 1 ppb (1 µg/L) and 1000 ppb (1000 µg/L) (Figure 1a). The experiments were run in batch and hydraulic retention times (HRT) were maintained for 0, 3, 7 days.

Second stage experiments were carried out in cylindrical reactors of 1 m (height), 0.15 m (diameter) (Figure 1b). The reactors were filled with iron-rich porous media (60 cm) at the bottom and sand (5 cm) was added from the top. Plant selection based on the 1<sup>st</sup> stage of experiment and synthetic wastewater was fed in 3 reactors spiked at 10 ppm concentrations of ACT, AMX, and  $\beta$ -EST separately, and 1 reactor by real hospital wastewater spiked at 10 ppm of ACT, AMX, and  $\beta$ -EST. The feeding was done in batch mode with HRTs 0, 1, 3, 5 and 7 days.

At the third stage, reactors of 0.8 m (height) and 0.45 m (diameter), were filled (0.65 m) by porous media, and 5 cm top by coarse sand (Figure 1c). Plant selected from the first stage experiment, was grown and hospital wastewater spiked at concentration of 10000 ppb (10000  $\mu$ g/L) as fed in a continuous mode for 30 days of operation period. Samples were collected at 6 days intervals.



a) First stage experiments



c) Third stage experiments



b) Second stage experiments



*d) Porous media prepared by laterite soil and other composites* 

### Figure 1. Experimental set-up

### **Chemical and reagent preparation**

ACT, AMX,  $\beta$ -EST (analytical grade), ion exchange resin AG1-X2 200-400 mesh, horse radish peroxidase 5U (POD), filter glass microfiber GF/B 4.7 cm (Whatman) and N,N-diethyl-p-phenylenediamine (DPD) from Aldrich Sigma, UK were used. The cartridge Oasis HLB Plus 225 mg 60  $\mu$ m was used for solid phase extraction (SPE).

Experiment was run using synthetic and real hospital wastewater. The synthetic wastewater was prepared spiking of selected PPCPs at concentration of 1 and 1000 ppb in distilled water. On the other hand, real wastewater, collected from a local hospital, was enriched by 10,000 ppb (10 ppm) of each selected PPCPs. The wastewater was prepared in 100 L volume, and fed to reactors separately.

### Plant and media preparation

Four plants namely; typha (*Typha spp*), vetiver (*Vetiveria zizanioides*), reed (*Phragmites australis*) and bird of paradise (*Strelitzia reginae*) were selected. These plants were collected from naturally growing areas and acclimatized in nutrient solution for three weeks, afterwards, homogenous plants were selected for experiments. The iron rich porous media was prepared by crushed shellfish, activated carbon and laterite soil (Figure 1d).

### Sampling and analytical method

# Sample collection and analysis of PPCPs

Collection of water samples and analysis of PPCPS were followed according to Phong et al. (2016), which was retrieved from Gros et al. (2013); and Tabtong et al. (2015). The plant samples extraction for PPCP analysis was retrieved from Shenker et al. (2011), and the detail process is mentioned in Phong et al. (2016). The determination of  $H_2O_2$  (plant) was according to Uchida et al. (2002), which is further described in Phong et al. (2016). Moreover,  $H_2O_2$  in water was followed N,N-diethyl-p-phenylenediamine (DPD) method according to Bader et al. (1988).

# **RESULTS AND DISCUSSION**

# First stage experiment (Hydroponic conditions)

# Hydrogen peroxide $(H_2O_2)$ levels in plants

 $H_2O_2$  concentrations were varied with plants in relation to PPCPs types and doses (Figure 2), which lacks of clear trends. The highest  $H_2O_2$  concentration was observed in bird of paradise, which was followed by reed, vetiver and cattail.  $H_2O_2$  concentrations were noticed to be higher at low dose of PPCPs (1 ppb) except vetiver and cattail which were higher under ACT. The occurrence of low levels of  $H_2O_2$  at high level of PPCPs dose is likely due to its involvement in PPCPs removal.

The concentrations of  $H_2O_2$  was observed relatively high while feeding with ACT, whereas, an elevated level of  $H_2O_2$  was observed in vetiver plants under high dose of ACT (1000 ppb). This condition could suggest that ACT is a reactive and more stressful PPCP to plant, whereas, vetiver plants react ACT stress more sensitively.



Figure 2. H<sub>2</sub>O<sub>2</sub> concentrations in plants after 7 days of exposure to different PPCPs



Figure 3. Removal of PPCPs by different plants.

The removal of PPCPs (%) under low and high dose of feeding in relation to HRTs is shown in Figure 3. It shows the > 95% removal for both low and high doses of ACT in 7 days, whereas, majority of plants had achieved the similar level of ACT within 3 days, under a low dose of feeding.

The removal of AMX was observed comparatively lower than ACT, which fluctuated in wide range (31-96%) in high dose (1000 ppb), and 54-96% feeding in low dose (1 ppb). In condition of low dose of feeding, majority of plants except typha removed AMX almost at

95% in 7 days. The poor performance of plant in removal of AMX is more likely due to recalcitrant characteristic of AMX (Zhang et al., 2014). On the other hand, the removal of  $\beta$ -EST was occurred at smoothly, which was removed for 95-99% in 7 day (under low dose i.e.1 ppb). The removal of high dose (1000 ppb) of  $\beta$ -EST was well performed by reed and vetiver plants.

In overall, ACT and  $\beta$ -EST were removed efficiently by all 4 chosen plants. Similarly, all plants demonstrated well potential of  $H_2O_2$  production. For the 2<sup>nd</sup> stage of experiment, vetiver plant was selected mainly due to increased level of  $H_2O_2$  production with high dose of ACT stress and presence of robust root system.

Second stage of experiment (comparative study: with and without of using media)  $H_2O_2$  concentrations in water



Figure 4. H<sub>2</sub>O<sub>2</sub> concentrations in water in condition of with and without media use

Comparative results of  $H_2O_2$  levels in water, with and without use of media is presented in Figure 4. In general, high levels of  $H_2O_2$  were observed in reactors operated without media, in-which,  $H_2O_2$  were increased in the consecutive sampling event (3 day), and then declined in the subsequent sampling day (5 days and 7 days). In contrast,  $H_2O_2$  concentrations in reactors containing iron rich media were raised continuously for 7 days, except reactor fed with hospital wastewater. The existence of a relatively low level of  $H_2O_2$  in use of media use was likely due to Fenton reaction catalyzed by iron.

#### $H_2O_2$ concentrations in plant

Similar to water, high concentrations of  $H_2O_2$  were observed in plants in reactors without media (Figure 5). It shows the increased concentrations of  $H_2O_2$  with increasing HRTs (i.e. 5 and 7 days), which was likely due to accumulation of  $H_2O_2$  produced in response to stress. On the other hand, low levels of  $H_2O_2$  observed in reactor having media, which was resulted due to advance Fenton reaction.



Figure 5. H<sub>2</sub>O<sub>2</sub> in plants in conditions of with and without using media

### PPCPs removal by vetiver plant under use of porous media

The removal of PPCPs in reactors containing iron-rich media with vetiver plants is shown in Table 1. Synthetic and hospital wastewater with initial concentration of 10 ppm were fed in batch mode in this experiments. It shows that removal of ACT was undertaken at the highest level in 7 days (i.e. 98.4 % and 97.5%). This removal was fairly higher than AMX and  $\beta$ -EST removal which varied 73 -92%. PPCPs from hospital wastewater (spiked with 3 types of PPCPs combined) were also removed in a similar or even at higher levels than wastewater spiked with a single PPCPs.

|                | Removal percentage (%) |       |       |       |
|----------------|------------------------|-------|-------|-------|
| PPCPs          | Day 1                  | Day 3 | Day 5 | Day 7 |
| Acetaminophen  | 45.6                   | 92.9  | 96.3  | 98.4  |
| Amoxicillin    | 73.0                   | 73.0  | 73.4  | 73.7  |
| β-estradiol    | 44.4                   | 53.5  | 68.0  | 75.0  |
| Acetaminophen* | 89.1                   | 93.0  | 93.5  | 97.5  |
| Amoxicillin*   | 69.7                   | 79.1  | 83.7  | 92.2  |
| β-estradiol*   | 42.9                   | 54.5  | 61.8  | 89.2  |

Table 1. PPCPs removal percentage with porous media.

\*Hospital wastewater with 3 types PPCPs

A promising results could be observed in PPCPs removal, but treated effluent still contains considerably high levels of PPCPs, especially  $\beta$ -EST (215.2 ppb and 40.56 ppb in synthetic and hospital wastewater, respectively). This could be associated with the recalcitrant characteristic of  $\beta$ -EST.

#### Third stage of experiment (continuous feeding for 1 month)

#### Removal of ACT

The results of PPCPs removal based on the experiments operated for 1 month (30 days) with hydraulic retention time (HRT) of 3 days is presented in Figure 6. It shows the increased removal ACT with increasing operation time, whereas, it was removed >99% in 12 days of operation. The results was congruent with the findings from second stage of the experiments.



Figure 6. Removal of ACT in 30 days operation.

#### Degradation of ACT to end product

The degradation of PPCPs following to the treatment option is considered important since the incomplete degraded compound of PPCPs may harmful than its original form. It is stated that any form of oxidation processes, the degradation products of PPCPs must be analyzed since these could be more toxic than the parent compound (Noguera-Oviedo and Aga, 2016).

However, limited studies and information exists in the degradation of PPCPs after treatment. Moctezuma et al. (2012) has proposed a chain of reaction in degradation of ACT under  $UV/H_2O_2$  system with involvement of <sup>•</sup>OH group (Figure 7). In this study, the intermediate product was proposed to be degraded further by the <sup>•</sup>OH group and produce  $NH_4^+$  (Eq. iii).



Figure 7. ACT degradation pathways.

# $CH_3$ -CO- $NH_2 + \cdot OH \rightarrow CH_3$ - $COO^- + NH_4^+$ .....(Eq. iii)

In order to examine the degradation of ACT in this experiment, the changes in concentrations of  $NH_4^+$  and  $H_2O_2$  were monitored and expressed in Figure 8. It shows the decreased concentration of  $NH_4^+$  and  $H_2O_2$  with progressing HRTs until 12 days. After 12 days of HRT,  $H_2O_2$  concentration went decreasing but  $NH_4^+$  was observed to be higher. The decreased level of  $H_2O_2$  may indicates the occurrence of Fenton reaction (Eq. i, & Eq ii), and the elevated  $NH_4^+$  level is resulted from the complete degradation of PPCPs.



Figure 8. H<sub>2</sub>O<sub>2</sub> concentration in plant rhizosphere (continuous mode).

# CONCLUSIONS

Based on the experimental results obtained from this study, the following conclusions are made:

- Despite similar levels of  $H_2O_2$  production and PPCPs removal showed by primarily selected 4 plants, vetiver plants was selected as a most appropriate once since it produced high level of  $H_2O_2$  in response to high dose of ACT and plants possess robust root and easy adaptation.
- Levels of  $H_2O_2$  was found higher in water, and plant leaves in reactor without media. In contrast, low levels of  $H_2O_2$  was observed in water and plants in use of media, which indicated the occurrence of Fenton reaction.
- PPCP removal was observed at higher rate under low dose of PPCPs exposure. ACT was removed more efficiently (i.e. 98.4 % and 97.5%) than AMX and  $\beta$ -EST (73 92%), whereas, positive role of iron-rich media was observed in PPCPs removal.
- Iron rich media coupling Fenton reaction was found to be more promising since it has favored the advanced degradation of ACT, yielding inorganic and less toxic final products such as NH<sub>4</sub><sup>+</sup>-N.

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