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**The sequential biorefinery approach for biodiesel and glucose production
from Spent Coffee Grounds**

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ABSTRACT

Spent Coffee Grounds (SCGs) are rich in high-value compounds, such as saturate and unsaturate fatty acids, and in cellulose. These compounds can be exploited for the production of new valuable biomaterials and biofuels through the “cascade biorefinery approach”, consisting in the set up of different sequential chemical/physical/biological operations. This work investigated the adoption of SCG for i) biodiesel production from the coffee oil, previously extracted by soxhlet apparatus; ii) fermentable sugars production from the SCGs’ cellulose and emicellulose and iii) biomethane production from the residual solid fraction after the sugars synthesis. The transesterification process for biodiesel production reached the best performances of 86% w/w of Fatty Acid Methyl Esters (FAMEs) using 1:8 coffee oil/methanol ratio and 2% w/w of KOH as catalyst. The organosolv pretreatment, performed with the glycerol derived from biodiesel production, allowed to reduce the acid concentration from 1.0 to 0.5% w/w during the SCG pretreatment. The following saccharification at 10 FPU of enzyme activity, led to a final sugars content of about 45% w/w. Finally, biomethane production by Anaerobic Digestion was conducted. The low content of easily degradable compounds comported a methane production of only 50 L_{CH₄}/kg_{TVS}.

KEYWORDS: Spent Coffee Grounds; Biorefinery; Biodiesel; Enzymatic Hydrolysis; Glucose Production; Anaerobic Digestion

1. Introduction

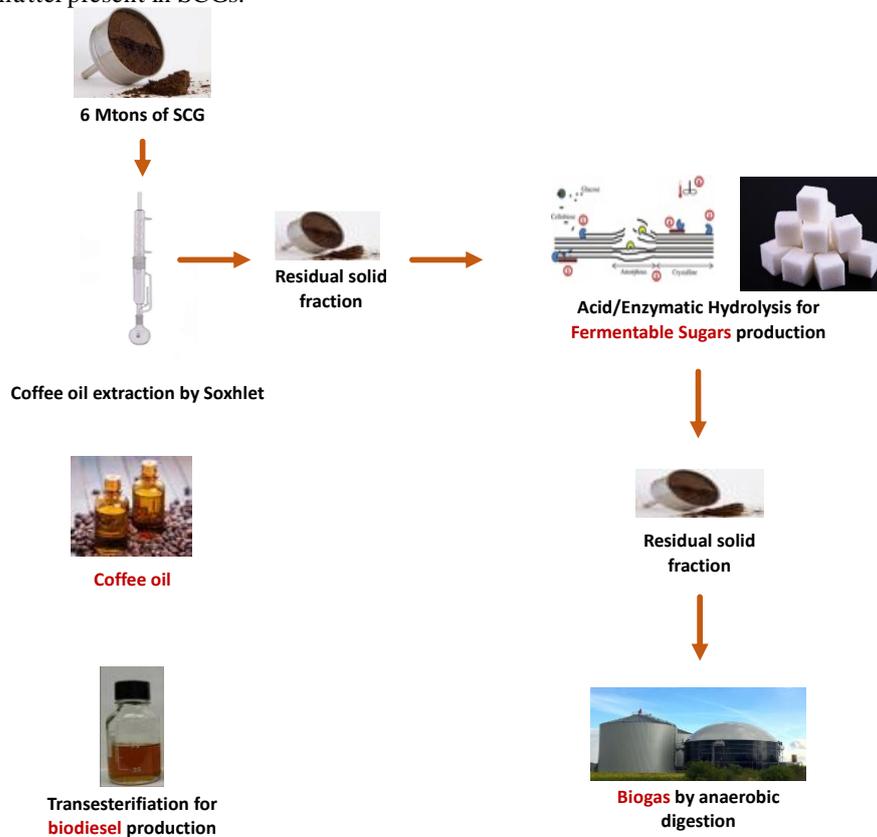
Coffee is one of the most consumed beverages around the world, indeed, its consumption was estimated in 9.3 million tons in 2017 around the world[1], with a consequent annual 6 million tons average generation of Spent Coffee Grounds (SCGs)[2]. SCGs are heterogenous matrixes, which besides cellulose, hemicellulose and lignin, contain also high value-added compounds, such as fatty acids, tocopherols (vitamin E), kahweol and cafestol[3]. Noteworthy, this latter could be recovered from SCGs and exploited for cosmetical, food and bioenergy applications. However, despite their great potential as source of valuable chemicals, currently SCGs are mainly incinerated or disposed of in landfills. In the best case, SCGs are collected with the Organic Fraction of Municipal Solid Wastes (OFMSW) and used for biogas production via anaerobic digestion[3]. It is worth mentioning that the new EU Waste Framework Directive (2018/851) fosters a better exploitation of the organic wastes, through the adoption of the so called “cascade biorefinery approach” for agri-food residues, for which the extraction of valuable biomolecules (even in small amounts) to produce high value-added bio-materials represents a priority over the current biofuels production[4].

SCGs are promising substrates for biodiesel production because they show a high concentration of long fatty acids, which is comparable with that of conventional 1st generation feedstocks[5–7]. Moreover, SCGs show the additional advantage of having absent or relatively low costs, being the main leftover of both instant coffee production and coffee brewing[5]. Conversion of oils from SCGs to biodiesel can be performed by acid-, alkali- or enzymatic-catalysed transesterification of coffee oils, usually using methanol as co-substrate for the production of fatty acid methyl esters (FAMEs)[8]. The molar ratio of methanol to oils, the reaction temperature and time as well as the concentration of the catalyst are the main operational parameters that influence biodiesel production performances which is measured as yield of FAMEs[9,10]. Theoretically, the increase of solvent to oils ratio affects transesterification in a two-fold manner: a) increasing the efficiency, because the higher solvent concentrations favor biodiesel production (forward reaction) and 2) decreasing the efficiency, because low oils concentration favor triglycerides production (reverse reaction)[11]. Thus, the setup of an optimal methanol:coffee oils ratio often represents a prerequisite for the efficient production of biodiesel from SCGs. The scientific literature reports FAMEs yields from transesterification process of coffee oils in the range of 55.5-95% w/w, according to the initial coffee oils concentration and the operational parameters[8]. Very high performances were obtained by Najdanovic-Visak et al. (2017)[11] with a FAMEs yield of 96%, corresponding to a methanol:coffee oils ratio of 400, at 60°C, for 90 min. Similarly, Park et al. (2016)[12] reported a 16.75% w/w maximum biodiesel yield (dry basis) at 95°C using 3.33 mL/g_{SCGs} of methanol, 3.33 mL/g_{SCGs} of chloroform and 0.5 mL/g_{SCGs} of H₂SO₄ as the catalyst. In general, it seems that the use of alkaline catalysts led to higher biodiesel yields. Optimum results (97%) were achieved when 0.75M of sodium hydroxide was added to coffee oils with a ratio of 1:2 methanol hexane used for fatty acids transesterification[13].

As it concerns polysaccharides in SCGs, these can be used both for the production of biofuels or biochemicals via microbial fermentation. However, SCGs must be pretreated to yield fermentable sugars (FSs), which inconveniently leads to the release and/or generation of toxic chemicals that hamper microbial proliferation and metabolism [14,15]. These chemical inhibitors can be classified into three major groups: i) phenolics (e.g. vanillin, syringaldehyde and coniferyl aldehyde), ii) weak acids (e.g. acetic acid, formic acid and levulinic acid) and iii) furaldehydes (e.g. furfural and 5-hydroxymethylfurfural) [15]. One possible strategy to overcome the inherent toxicity of SCGs-derived sugars

68 hydrolysates, would consist in performing a detoxification step before microbial fermentation. However, this would lead
 69 to the increase of production costs of the final fermented product(s) [16]. What we propose here, in order to mitigate the
 70 toxicity of SCGs hydrolysates, is to reduce the concentration of H₂SO₄ used for the chemical pretreatment of SCGs and,
 71 in parallel, recirculate the glycerol leftover from FAME production to perform a mixed acid-catalysed/organosolv
 72 pretreatment of SCGs.

73 The scope of this study is to demonstrate the possible implementation of sequential processes to create an
 74 efficient cascade biorefinery for SCGs valorization (Figure 1). The first operational unit consists in the recovery of
 75 coffee oils from SCGs through solid extraction performed in a Soxhlet apparatus. Coffee oils are converted, through
 76 transesterification reactions, in an environmentally friendly fuel, namely biodiesel. Then, residual solid fractions produced
 77 during oils extraction (defatted SCGs) are converted into FSs by means of a combination of sulfuric acid-catalyzed [17]
 78 and glycerol (organosolv) pretreatments [18,19], followed by enzymatic hydrolysis [20]. SCGs-derived FSs constitute
 79 *per se* valuable compounds that can be potentially converted into a wide palette of useful chemicals via microbial
 80 fermentation, such as organic acids [21], plastic precursors [22] and biofuels [3]. Moreover, the use of glycerol organosolv
 81 pretreatment [19] is particularly appealing in this proposed cascade biorefinery, because glycerol is an internal leftover of
 82 the overall process [23]; which is generated during biodiesel production from transesterification reactions of SCGs oils.
 83 The biorefinery cycle is closed by anaerobic digestion (AD) to exploit for biogas production from the more recalcitrant
 84 organic matter present in SCGs.



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 86
 87 Figure 1. Cascade biorefinery scheme for the valorization of SCGs.

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 89 **2. Materials and Methods**

90 **2.1 Spent Coffee Grounds and microbial inoculum characterizations**

91 SCGs were collected from a coffee machine at University of Verona (Department of Biotechnology) and showed
 92 a total solid (TS) concentration of around 39% w/w, almost completely represented by volatile solids (VS). The COD
 93 content was 15 g/kg, while N and P showed average concentrations of 2.5 and 0.6 g/kg, respectively. Table 1 summarizes
 94 the chemical characteristics of SCGs immediately after coffee brewing as well as that in the AD inoculum. The microbial
 95 inoculum adopted to perform AD tests were obtained from a biogas pilot plant located in Vicenza (Italy), which is
 96 regularly fed with OFMSW and operated at mesophilic temperature (35°C).
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103 Table 1. Characteristics of SCG and of the inoculum

	SCG	Inoculum
pH	4.24 ± 0.04	8.29 ± 0.02
TS (% w/w)	42.20 ± 2.95	1.65 ± 0.10
VS/TS (%)	98.31 ± 0.26	68.90 ± 0.61
COD (g/kg)	45.24 ± 2.15	6.30 ± 0.24
TKN (g/kg)	2.54 ± 0.20	1.36 ± 0.19
Cellulose (% w/w dry matter)	20.6 ± 1.62	not measured
Hemicellulose (% w/w dry matter)	25.7 ± 1.86	not measured
Lignin (% w/w dry matter)	12.28 ± 0.83	not measured

104 **2.2. A cascade biorefinery for SCGs valorisation**

105 **2.2.1. Coffee oils extraction from SCGs and transesterification reactions**

106 After preliminary evaporation of the moisture content, performed at 60°C for three days, the SCG were subjected
 107 to solid-liquid extraction of coffee oils. The operation was previously optimized for the extraction of the long fatty acids,
 108 which represent the main substrates involved in the transesterification process for biodiesel production. In particular, n-
 109 hexane was used for coffee oils extraction in a Soxhlet apparatus, as described by Battista et al. (2020)[3], which allowed
 110 to recover about 10% of coffee oils (w/w) from dried SCGs. Major components were long fatty acids, in particular,
 111 palmitic and linoleic acids (Table 2).
 112

113 Table 2. Most abundant long fatty acids from coffee oils extracted by n-hexane

Fatty acids in coffee oil (%)		
Palmitic Acid	C ₁₆ H ₃₂ O ₂	34.78
Stearic Acid	C ₁₈ H ₃₆ O ₂	8.58
Oleic Acid	C ₁₈ H ₃₄ O ₂	10.07
Linoleic Acid	C ₁₈ H ₃₂ O ₂	37.06
Linolenic Acid	C ₁₈ H ₃₀ O ₂	0.83
Arachidonic Acid	C ₂₀ H ₄₀ O ₂	3.49
Other		< 0.50

114 After extraction, coffee oils were used as substrates for transesterification tests at different molar ratios of coffee
 115 oils:methanol, using potassium hydroxide (KOH) at two different concentrations (1 and 2% w/w, referred to the coffee
 116 oils content) as alkaline catalyst. Transesterification tests were carried out in 50 mL tubes, filled with 5 g of SCGs, 0.05g
 117 of potassium hydroxide (1% of the coffee oils, w/w) and different methanol volumes, according to the following coffee
 118 oils:methanol molar ratios of 1:4; 1:8; 1:12; 1:16; 1:20. Another round of the tests was performed at the same coffee
 119 oils:methanol ratios, but with a double amount of alkaline catalyst (2% w/w). After its individuation, the best coffee
 120 oils:methanol molar ratio was adopted also for a transesterification tests at 3% w/w of KOH. Reaction tubes were placed
 121 in a thermostatic bath at 60°C for 2 hours, which was identified as the optimal conditions in terms of FAME
 122 yields[8,24,25]. To guarantee that the reaction had stopped, potassium hydroxide was neutralized by adding acetic acid
 123 (mole ratio KOH:CH₃COOH = 1:1). A laboratory distillation apparatus was used to evaporate the residual methanol from
 124 the biodiesel-glycerol mixture. Further separation of FAMEs and glycerol was performed by liquid-liquid extraction
 125 using n-hexane as the solvent. In particular, the mixture resulted in phase separation: i.e., a glycerol-rich bottom layer,
 126 and hexane-FAME-rich upper layer[11]. Determination of the total biodiesel yield as well as of the content of the different
 127 esters in biodiesel were achieved through Gas Chromatography/Mass Spectroscopy analysis of the organic liquid sample
 128 by an external laboratory.
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130 **2.2.2. Acid-catalysed and organosolv pretreatments of defatted SCGs**

131 Solid residue of SCGs from solid-liquid extraction by Soxhlet apparatus (defatted SCGs, D- SCGs) were first
 132 dried overnight in an oven at 105°C, and then were further dried by placing them into a silica gel dryer for 30 min to
 133 completely remove the moisture. Then, 15 g of SCGs were placed into a 250-ml glass bottle (Duran GL45) and diluted
 134 at a solid content of 15% w/v by adding 100 ml of solvent (Table 3). In particular, we tested a total of twelve
 135 pretreatments, using different concentrations of either sulfuric acid and/or glycerol, as listed in table 3 below:
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141 Table 3. D-SCGs chemical pretreatments

Sample name	H ₂ SO ₄ % (v/v)	Glycerol % (v/v)
D-SCGs-H ₂ O	-	-
D-CH-SCGs-0.25	0.25	-
D-CH-SCGs-0.5	0.50	-
D-CH-SCGs-1	1.00	-
D-CH-SCGs-10	-	10
D-CH-SCGs-20	-	20
D-CH-SCGs-40	-	40
D-CH-SCGs-80	-	80
D-CH-SCGs-0.25-10	0.25	10
D-CH-SCGs-0.25-20	0.25	20
D-CH-SCGs-0.5-10	0.50	10
D-CH-SCGs-0.5-20	0.50	20

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145 Filled bottles were placed in an autoclave and a cycle at 121 ° for 60 minutes was run to promote: i) dissolution
 146 of hemicellulose as well as breaking of lignin and cellulose bonding (by sulfuric acid-catalysed hydrolysis), to increase
 147 cellulose digestibility by enzymes [26,27], and/or ii) selective removal of some barrier components (by glycerol
 148 organosolv), such as lignin, hemicellulose and acetyl group [18].

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2.2.3. Enzyme hydrolysis of defatted and chemical hydrolysed SCGs

For all D-CH-SCGs samples, enzyme hydrolysis (saccharification) was carried out using the commercial enzyme cocktail Cellic CTec 2 (Novozymes). Enzyme activity, expressed as filter paper units (FPU), was determined according to the NREL protocol TP-510-42628 [28]. A 50mM citrate buffer was used as the reaction medium, keeping a solid to liquid ratio of 15% w/v, and hydrolysis reactions were carried using 5 or 10 FPU/g_{SCG}. Before incubating the saccharification reactions for 24 h at 50 °C and 180 rpm in an incubator shaker (Innova 42, New Brunswick), a time-zero sample was collected, centrifuged (3000 x g for 3 min) and the supernatant was stored at -20 °C. Control samples, without enzyme, were incubated in the same buffer and for the same time frame. Eventually, after 24 h of incubation, all samples were centrifuged and supernatants stored at -20 °C, before further analyses.

2.2.4. Fermentable sugars measurement by DNSA assay and HPLC

3,5-dinitrosalicylic acid (DNS) assay is a well-established quantitative method to detect and quantify reducing sugars (RSs) within a sample. This method involves the oxidation reaction between aldehyde functional groups of RSs present in the sample and the DNS reagent, leading to the production of 3-amino,5-nitrosalicylic acid under alkaline conditions [29]. To determine the RSs concentration (in terms of glucose equivalents), a series of glucose standard solutions, with a concentration spanning from 0.5 to 4 mg/ml, were prepared. Each sample or standard solution (40 µl) were mixed with 160 µl of DNS reagent into the wells of a 96-well plate (Sarstedt) and incubated at 100 °C for 20 minutes using a block heater (LLG-uniTHERMIX 1, LLG Labware). Water (40 µl) was used for negative control samples. The plate was cooled down, centrifuged and placed into a multi-mode reader Synergy Neo2 (BioTek) to measure the absorbance of each sample at 570 nm. Each absorbance value was normalized by subtracting the absorbance of the negative control (water sample) as well as that of the corresponding time-zero. The concentration of RSs was determined as mg/ml of glucose equivalents and expressed as weight by weight percentage of obtained RSs over total treated D-SCGs (g_{RSs}/g_{D-SCGs}). Moreover, in order to separately quantify each fermentable sugar (FS) released from SCGs during saccharification, HPLC analysis was performed using the Extrema LC-4000 system (Jasco), equipped with a Rezex ROA H+ column (Phenomenex). The mobile phase consisted of 5mM H₂SO₄ and the flow rate was set at 0.8 ml/min. The column oven was kept at a constant temperature of 80 °C. All the samples were first filtered with 0.22 µm syringe filters (SPHEROS, LLG Labware) and then mixed with 5mM H₂SO₄. After separation, analytes (glucose, mannose, galactose and arabinose)

183 were identified with a refractive index detector RI-4030 (Jasco) set to 35 °C. All the analytes were then quantified using
 184 standard curves generate with appropriate standard samples.
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186 2.2.5 Biogas production from SCG

187 After chemo-enzymatic hydrolysis to gain FSs from the lignocellulose fraction of D-SCGs, solid residues (i.e.,
 188 the deffatted and chemo-enzymatic hydrolysed SCGs, D-CEH-SCGs,) were subjected to biomethane tests (BMP) by AD,
 189 in order to close the biorefinery cycle with the biogas production. The D-CEH-SCGs tests were compared with the AD
 190 of SCGs from coffee brewing, (SCGs-AD test) and with: i) the AD of D-SCGs obtained after coffee oils extraction and
 191 ii) the AD of D-CEH-SCGs-1 obtained after chemo-enymatic hydrolysis (see, Table 3 and Fig. 4 and 5). By doing so, it
 192 was possible to estimate how each stage of the cascade biorefinery influenced the potential of methane production from
 193 SCGs.

194 BMP tests were performed according the protocols redacted by Angelidaki et al. (2009)[30] and Holliger et al.
 195 (2016)[31]. The volume of biogas generated during the batch trials was determined by water displacement method, while
 196 the methane content was determined using a portable biogas analyser (Geotech Biogas 5000 by GeoTech, United
 197 Kingdom). To evaluate BMP parameters, a regression curve, the Gompertz curve was calculated to describe the biogas
 198 trend from the different BMP tests[3].
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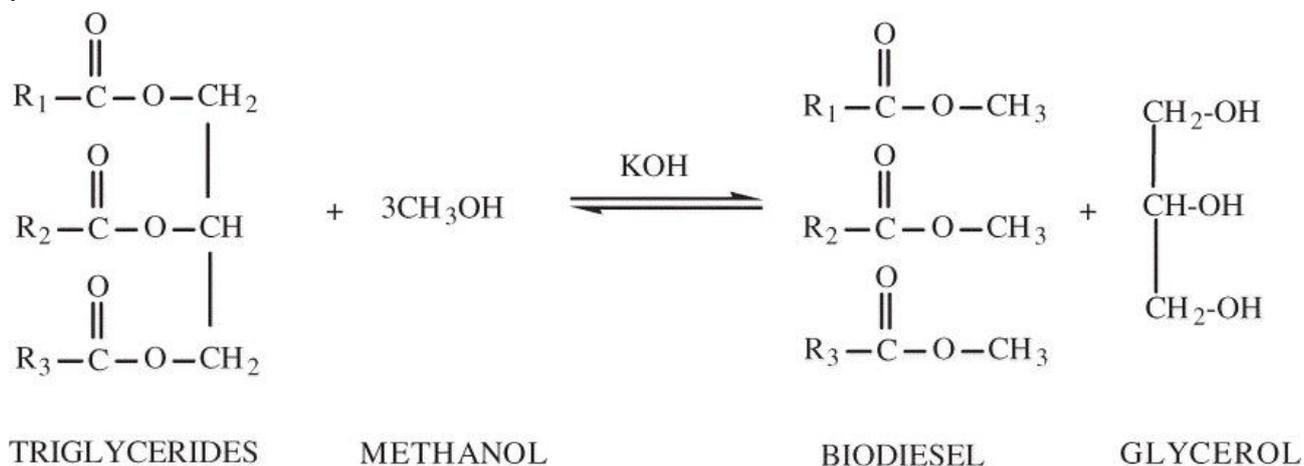
200 2.3 Analytical methods

201 Each substrate was analysed in terms of dry matter (TS), volatile solids (TVS), chemical oxygen demand (COD),
 202 total Kjeldahl nitrogen (TKN) according to the Standard Methods[32]. In particular, TKN was processed through a high
 203 performance Ethos-One microwave digestion system by Milestone (Italy) and the UDK 129 distillation unit by Velp
 204 Scientifica (Italy).
 205

206 3 Results and discussions

207 3.1 Transesterification for biodiesel production

208 The transesterification process (Figure 2) consists in the conversion of fatty acid moieties from triglycerides into
 209 fatty acid methyl esters (FAMEs); i.e., the major components of biodiesel. Another product of the transesterification
 210 reaction is glycerol that is an undesired compound in the final product; therefore, it reduces biodiesel quality[33].
 211 Triglycerides conversion to FAMEs can be carried out by means of several solvents; however, methanol is preferred
 212 because it was demonstrated that it allows a better separation between lipidic and hydrophilic phases of the triglycerides
 213 as well as increasing the synthesis of FAMEs. Other solvents, such as ethanol or n-hexane, lead to worse
 214 performances[8,34,35].
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216 Figure 2. Scheme of the transesterification reactions[33].
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219 As above-mentioned, transesterification reactions are reversible; thus, the setup of optimal coffee oils:methanol
 220 ratio is a prerequisite to yield the highest possible biodiesel production. Figure 3 shows the total FAMEs content at
 221 different coffee oils:methanol molar ratio as well as of catalyst (KOH) concentrations at the end of the transesterification
 222 reactions. These tests allowed the identification of 1:8 as the optimal coffee oil:methanol molar ratio. Indeed, below this
 223 value, methanol is not enough to assure a complete transesterification of triglycerides into FAMEs, whereas above this
 224 value, much methanol remains unreacted and contridutes to a dilution effect which reduced the quality of the produced
 225 biodiesel. Some authors explained the reduction of biodiesel production in presence of a solvent excess as consequence
 226 of the instauration of reverse reactions which favour the triglycerides synthesis[11].

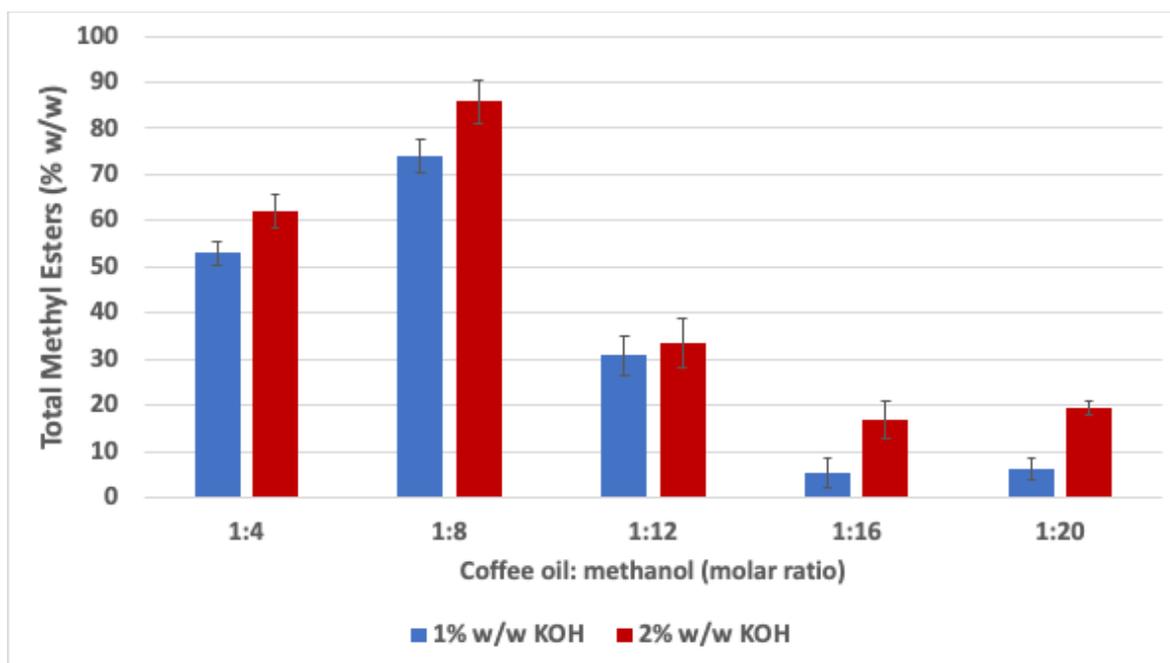


Figure 3. Methyl esters content after the transesterification reactions for the biodiesel production.

Several previous works reported an optimal coffee oils:methanol ratio of 1:5 and 1:6, which are close to the 1:8 shown in the present work, with methyl ester yield varying from 60 to 90% w/w. This wide range can be explainable to the choice of the operational temperature of the tests. 60-65°C had better performances, while temperatures higher than 75°C were associated to the evaporation of methanol, and consequently to a reduction of the transesterification performances[36].

Another important consideration is related to the alkaline catalyst, indeed, by doubling KOH concentration, conversion of the long fatty acids into FAMES increased of about 15-20% at 1:4 and 1:8 coffee oils:methanol molar ratios. The highest FAMES yield of 86% w/w was obtained with a coffee oils:methanol ratio of 1:8 and a KOH concentration of 2% w/w. The positive effect of the increased KOH concentration is also detectable at higher coffee oils:methanol ratio, even if the final FAMES yields are lower as consequence of the methanol excess, as above-mentioned. These results are not completely consistent with previous researches, in which alkaline catalysts are recommended only after an acid-catalysed pretreatment step, in order to reduce the free fatty acids content. These latter, indeed, are known to interact with the alkaline catalyst and lead to saponification reactions, which increase glycerol production, instead of FAMES[8,10,37]. However, Al-Hamamre et al. (2012)[5] and Najdanovic-Visak et al. (2017)[11] achieved a yield of FAMES of about the 80% w/w, using 2.5% w/w of KOH and operational conditions (T = 65°C and duration of 4 h) similar to those adopted in the present work (T = 60°C and duration of 2 h). Thus, good performances reported in this work are not unique and can be probably explained taking into account the mitigate operational condition, in particular of temperature, which contribute to keep triglycerids in stable form, avoiding its dissociation in free fatty acids.

The alkaline catalyst was also tested at 3% w/w under the best coffee oils:methanol molar ratio of 1:8. The esters production was almost the same (82% w/w) of the one achieved at 2% w/w. Thus, the molar ratio of 1:8 of coffee oils:methanol and the concentration of 2% w/w of KOH catalyst, can be selected as the optimal operational conditions for the FAMES synthesis under a temperature of 60°C and a test duration of 2 h.

As it concerns the FAMES profile of the produced biodiesel samples, the two most predominant FAMES are those derived from the two most abundant fatty acids in coffee oils, i.e., palmitic and linoleic acids. Table 4 shows that their concentrations account for 30-37% w/w, respectively. Comparing the palmitic and linoleic esters concentrations with those of the corresponding fatty acids in Table 2, it is possible to verify the very high conversion degree of these fatty acids into biodiesel. This is a further confirmation of the good performance of the transesterification process which led to a low glycerol production of 12% w/w.

Table 4. The profile of the biodiesel from the coffee oil transesterification.

Content of Methyl ester from the transesterification of	% w/w
Myristic acid	0.1
Palmitic acid	30.0
Palmitoleic Acid	0.1
Heptadecanoic acid	0.2
Stearic acid	5.8
Oleic acid	8.7
Linoleic acid	37.6
Arachidic acid	1.8
Gadoleic acid	0.2
Behenic acid	0.3

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3.2 Recovery of fermentable sugars from defatted SCGs

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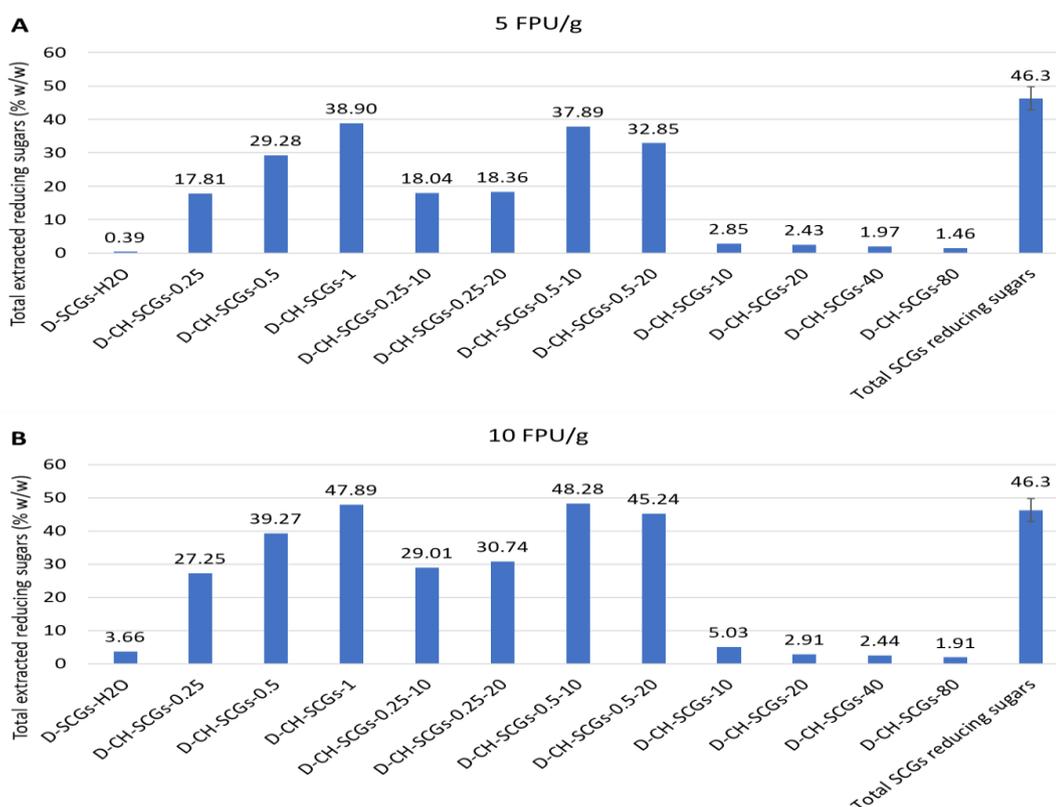
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After chemical pretreatment of defatted SCGs to yield D-CH-SCGs samples, these were subjected to enzyme hydrolysis (saccharification) using two different ratios of Cellic CTec 2 enzyme cocktail: 5 and 10 FPU/g_{D-CH-SCGs}. Total reducing sugars (RSs) released from solid fractions of D-CH-SCGs samples as well as those in the liquid phase from chemical pretreatment (black liquor, see above) were quantified by DNS assay. Figure 4 shows that increasing concentration of H₂SO₄ led to an augmented release of total RSs during saccharification. Either 38,9 or 47,89 g_{RSs}/g_{D-CH-SCGs} were released from sample D-CH-SCGs-1 using 5 or 10 FPU/g_{D-CH-SCGs}, respectively. These values are close or above the maximal yield of RSs achievable from SCGs (i.e., 46,3 g_{RSs}/g_{SCGs}), probably because the DNS assay slightly overestimate the concentration of RSs in such complex samples. To replace the use of H₂SO₄ for chemical pretreatments with a less toxic and environmental-friendly chemical, we resolved to test an organosolv pretreatment using glycerol. However, glycerol alone did not positively influence saccharification, indeed, in all conditions tested yields of RSs were extremely low (Fig. 4). Nevertheless, when glycerol at 10 or 20% was coupled to H₂SO₄, it was possible to halve the concentration of the acid, still achieving yields of RSs (48.28 and 45.24 g_{RSs}/g_{SCGs}) which are close or above the maximal yield. Higher concentrations of glycerol negatively affected the yields of RSs (data not shown).



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Figure 4. Reducing sugar analysis of chemo-enzymatic hydrolysed SCGs samples.

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In order to gain a broader picture about the kind of fermentable sugars (FSs) obtained from saccharification of D-CH-SCGs samples, HPLC analyses were carried out to quantify glucose (released from cellulose) as well as the sum of mannose, galactose and arabinose (released from hemicellulose) (Fig. 5). Once again, it is confirmed that increasing concentrations of H₂SO₄ allow releasing higher amounts of total RSs during saccharification, regardless of the quantity of enzymes used (either 5 or 10 FPU/g_{D-CH-SCGs}, see Fig. 5 A and C). Moreover, according with the lignocellulose composition of SCGs (see Table 1, 20.6% of cellulose and 25.7% of hemicellulose), sugars from hemicellulose were released in higher amount in all conditions tested. Noteworthy, combining 0.5% of H₂SO₄ with 10% glycerol allowed to extract almost all FSs releasable from D-CH-SCGs, using 10 FPU/g_{D-CH-SCGs} (Fig. 5D); whereas higher concentrations of glycerol were detrimental (data not shown). Altogether these data prove that not only it is possible to reduce the amount of acid used for pretreatments of D-SCGs, but also that recirculation of glycerol leftover from the transesterification reaction is a good strategy. Indeed, it is worth mentioning that the proposed strategy allow the valorisation of an internal waste streams. Moreover, since the glycerol used for pretreatments is still present in the enzymatic hydrolysate from D-CH-SCGs samples, this chemical can represents an additional carbon source for the microorganisms used to ferment the FSs releasable from D-CH-SCGs; thus, increasing the final yield of the targeted fermented product(s).

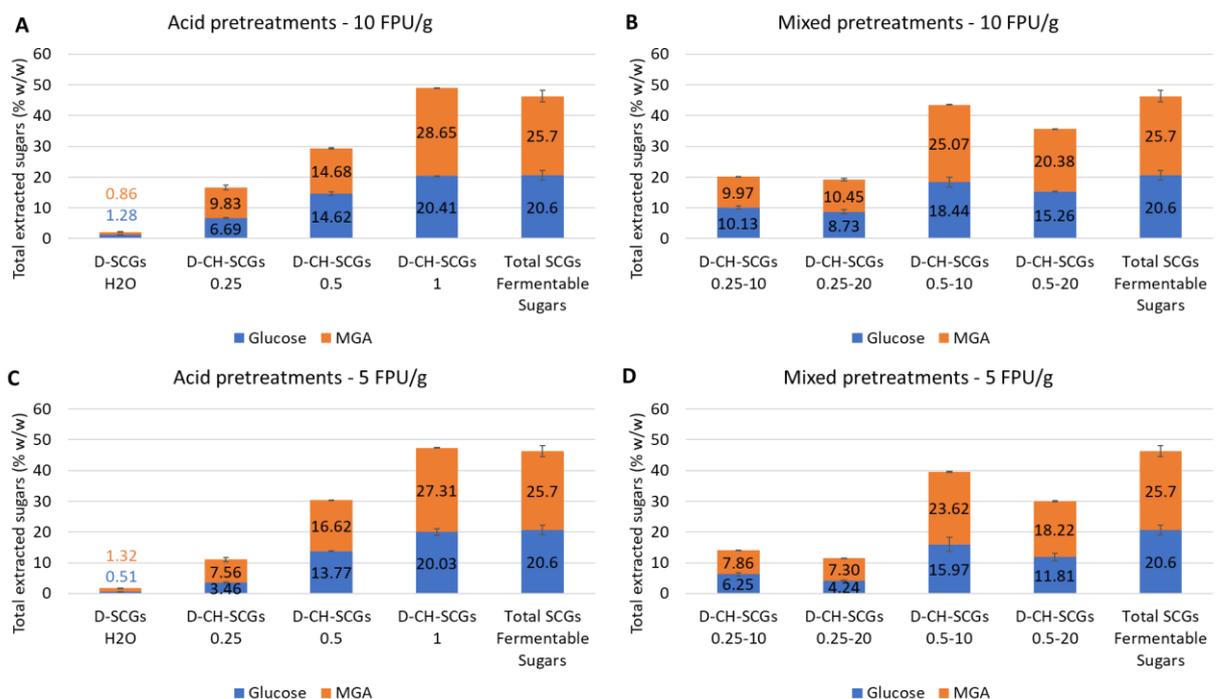
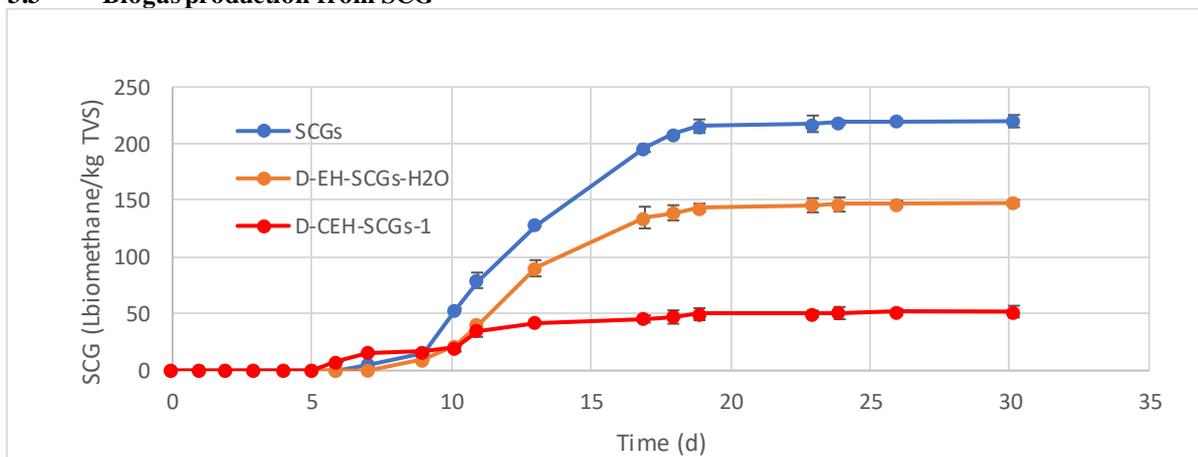


Figure 5. Fermentable sugar analysis of chemo-enzymatic hydrolysed SCGs samples.

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3.3 Biogas production from SCG



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Figure 6. Cumulative biomethane production from SCGs assays.

Figure 6 compares the cumulative methane production from the SCGs after coffee brewing (control sample) and without any pretreatments, with that from D-SCGs after different chemo-enzymatic treatments (see table X, la tabella dei pretrattamenti). After an initial lag-phase of about 6-7 days, biomethane production started, following an exponential

313 growth for 10 days. Then, the methane production rate decreased until reaching a plateau at ~220 L_{CH₄}/kg_{TVS} for the
314 untreated SCGs. Lower performances (~150 L_{CH₄}/kg_{TVS}) were achieved for the D-EH-SCGs-H₂O sample, which was
315 previously autoclaved in H₂O (a cycle at 121 ° for 60 minutes) and enzymatically hydrolysed. Only 50 L_{CH₄}/kg_{TVS} were
316 achieved with the chemo-enzymatic treated sample D-CEH-SCGs-1.

317 The initial long lag phase can be explained by low concentration of the inoculum. Which had a very low TS
318 content of 1.65 %w/w. As consequence, microorganisms are diluted, and thus more time is needed to reach optimal
319 biomass concentration to assure efficient substrates degradation. In fact, recent works on AD of SCGs have shorter lag
320 phases in presence of higher concentrations of inoculum. For instance, Battista et al. (2020)[3] used an inoculum with 9.08
321 %w/w TS, reporting no lag phase and an instant start of the AD; Akyol (2020)[38], with an inoculum of 6.55 %w/w TS,
322 registered very short lag phases, ranging from 1 to 3 days; Atelge et al. (2021)[39], who adopted an inoculum at 4.25
323 %w/w TS, reported longer lag phases of ~5 days. As shown in figure x, the chemical composition of the different SCGs
324 samples influenced methane production. In the control BMP assay, the untreated SCGs, is rich in long chain fatty acids,
325 proteins and simple carbohydrates[8,40] that can be immediately used by the microbial inoculum, thus leading to the
326 higher biomethane production observed. These results are similar to those achieved recently from untreated SCGs: Oliva
327 et al. (2021)[41] and Atelge et al. (2021)[42] reported a BMP of 293 and 310 L_{CH₄}/kg_{TVS} respectively; while Battista et
328 al. (2020)[3] reported 217 L_{CH₄}/kg_{TVS}. In the assays performed with pretreated SCGs, the coffee oils were extracted (D-
329 EH-SCGs) and a fraction of the lignocellulosic materials was converted into sugars by the acid/enzymatic pretreatment
330 (D-CEH-SCGs-1). In the case of D-EH-SCGs sample, the BMP production was slower because of the absence of nutrients
331 like fatty acids, proteins and oligosaccharides; thus forcing the microbial inoculum to use the lignocellulose residue.[43]
332 However, digestion of cellulose is cumbersome because it is still embedded into a hemicellulose and lignin matrix, which
333 renders it difficult to access[43,44]. As it concerns the D-CEH-SCGs-1 sample, the solid residues is composed mainly of
334 lignin with only residual (hemi)cellulose available to be hydrolyzed and converted to methane during AD; thus explaining
335 the further lower methane productions.

336 Given the above considerations, it is clear that the BMP is directly linked to the previous steps of the SCGs
337 valorization process: lower yields of coffee oils and fermentable sugars will lead to a higher biomethane production and
338 vice versa. This correlates with the experimental data: the assay with 0% H₂SO₄ added has a decent BMP due to a poor
339 yield of the sugar extraction process, where the lack of acid pretreatment denied cellulose and hemicellulose solubilization
340 and thus extraction[8,45], leaving those polymers not available for BMP. The difference between the 0% H₂SO₄ assay
341 and the control SCG no pretreated assay is thus only caused by the AD of coffee oil removal by Soxhlet. When the
342 previous steps gave higher yields of oils and/or sugars, the BMP is very poor and not economically sustainable. Indeed,
343 for the D-CEH-SCGs-1 sample, the solubilization of cellulose and hemicellulose fractions and the subsequent
344 saccharification left a by-product with almost only lignin. The AD is then severely hindered by nutrient scarcity and
345 inhibitory effects, that originated by the lignin itself [45,46] or by acidic pretreatment, that can leave inhibitory molecules
346 like furfurals and hydroxyfurfurals as products of lignin degradation.[43,47]

348 4 Conclusions

349 SCGs is one of the most abundant urban waste and are usually recollected with the Organic Fraction of Municipal Solid
350 Wastes and disposed in landfill or sent to the anaerobic digestion for biogas production. Being rich in high added value
351 compounds, SCGs can be better valorized and used in a cascade biorefinery process for production of biodiesel and
352 fermentable sugars. A FAME yield of 86% was achieved when transesterification was conducted with a coffee
353 oil/methanol molar ratio of 1:8 and a KOH concentration of 2% w/w. The fermentable sugars production was optimized
354 recycling glycerol from the transesterification step, which allow to reduce the sulfuric acid content from 1 to 0.5% for the
355 pretreatment of SCG. The following saccharification, conducted at 10 FPU, led to total sugars production of about 45%
356 w/w. The residual SCG have been anaerobically digested to produce biomethane. As they are low in easily degradable
357 compounds, the methane production was low (50 L_{CH₄}/kg_{TVS}) and low with a lag phase of about 7 days.

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